

Peaceful Warrior
Movie Playsheet

1. If you were to rename this movie from a spiritual or Truth perspective, what name would you give it?

2. In what ways, if any, were you able to identify with Dan Millman?

3. Was there another character in the movie with whom you identified?

4. Was there a character in the movie who might represent the Holy Spirit? If so, what characteristics does this Holy Spirit character exhibit?

5. How does Dan's journey in the movie parallel the spiritual path?

6. What is the significance of the scene where Dan climbs the clock tower?

7. What does the movie indicate about our relationship to the present moment?

8. In the scene where Dan and Socrates hike the mountain, Dan repeats three "truths" taught to him by Socrates. What are those truths? Do you agree with those truths as fundamental? Are there any you would add?

9. What does the quote "There's never nothing going on mean?"

10. Why is the advice Dan gives to Tommy near the end of the movie not helpful to Tommy?

11. What will you take away from this movie?