

**Sheryl Howe**

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**From:** "Sheryl Howe" <sahowe@wbt.org>  
**To:** <sahowe@wbt.org>  
**Sent:** Sunday, July 22, 2007 7:53 PM  
**Subject:** The Walmart people are my friends; USAirways --- not so much...

Hi! How are you?

I got back safely --- except they lost one of my bags between here and DC (I saw it in DC because I picked it up and took it through customs). And they had plenty of time --- I think there were three hours between when I got through customs and when my plane left... And the lost bag has the charger for my cell phone (I used the car charger this morning when I went to Walmart to get food... and other things I needed that were in the lost bag... but it's annoying to not be able to use the phone because I know I can't charge it easily).

I had the best time at Walmart. There were so many food items I missed that made me very happy to get today. Fruit and sugar free things and various other snack like things.

I really thought it would be really weird coming back but it's not (or not yet). It was weird to drive (and on the "wrong" side of the road). And my apartment seems ridiculously clean. Oh, watching TV shows on the plane was weird. The laugh track that's supposed to be in the background was really distracting to me.

I enjoyed my last week in Kenya. I memorized this verse that was supposed to help me:

Proverbs 29:11 A foolish man expresses all his emotions; but a wise man keeps them under control.

Didn't work by the way...

Trust all is well with you!

Sheryl

Thanks for praying (you could feel free to pray my bag turns up).

Praise God for safety travelling, that I really enjoyed my last week, that I don't feel terrible reverse culture shock or any other adverse things about being home.