
Meeting Minutes

I. Call to order

A meeting of Awakening Together Trustees was held on 12/17/2018 at 5:45 MT. Attendees included Jacquelyn, Jay, Carrie, Anne, Regina, Dawn, Doreen and Helen. Meeting adjourned at 7.15pm MT.

Approval of minutes: Change to minutes from 12/3/18: “The trustees approved the changes that were made.” Minutes were then approved.

Contemplation of quote:

We never get upset over what happens. Never. We get upset because of preconceived ideas as to what we think should happen, what we want to happen. When our preference clashes with the reality, we get hurt. Rid yourself of all preconceived ideas as to what should happen. You are then at peace whatever happens. ~ Vernon Howard

Important Business

A. 2019 Awakening Together Fall Retreat Ideas:

Jay’s ideas: Devotional practices including singing, different teachers share from things they are very clear on.

Jacquelyn says she’s not sure with regular retreats in place we need to have an annual Fall Retreat.

Doreen says she agreed with Jacquelyn, and wondered what would draw people to come - would it be a speaker, like Jeff Foster? Or a topic such as holding onto our practice amid political differences? Or a certain practice, like dyads? Suggests sending a survey out to ask what is most challenge in staying in tune. Doreen mentions authentic movement as a movement modality.

Dawn suggests as a topic or over-riding theme, embodied practice/taking practice into our lives; absorption practice; inspired by Adyashanti’s Falling into Grace. Also embodied movement.

Carrie likes idea of tai chi/Qigong. Is drawn to silent retreat and walking. Also suggests drum making, could have a drum circle in the mountains.

Anne likes idea of embodied practice – qi gong in particular. Suggests satsang with Regina. Then Root Cause Inquiry practice.

Helen suggests three sections: satsang/teaching/bringing questions, silent days/nature, and then embodied/devotional practice to integrate.

Regina suggests modules (different formats) over the 10 days and mentions a guest teacher would have to be okay with 25 people and to think about new teachers that stand out that may be amenable to coming for a couple of days.

Will lock down plans in the 21st January meeting dedicated to the Fall retreat so it can get going- what are the modules? Guest teacher? Etc.

Everyone agrees we should have a Fall Retreat.

B. Offering Retreats at the Retreat House: Regina says there are two ways to offer a retreat at the Retreat House: you can offer a volunteer retreat in service (receiving \$50 per person that attends); the other is you take full responsibility and can rent the retreat house and charge what you like. But AT wants to charge as low as possible for retreats.

C. Forum Update: Jay shares that progress has been made but some small bugs are still happening. Should be last round for the developer. Suggesting MPP ministers and trustees pilot it when done. Regina says needs to be ready soon so people have time to trial it before Gentle Healing 3 starts on February 12th. Jay says should be fine. Forum will be topic for 7th Jan meeting.

D. Ministers' Subcommittee and Prayer Circle Update: Meeting on third Sunday in January to discuss it. Geri would like to be on the prayer circle discussion team. Doreen has sent some info on how to consider prayer from a non-dual perspective to Carrie to discuss.

E. Holiday Schedule: Sanctuary closed 25th, 26th December and Jan 1st.

Next meeting will be the 7th January, 2019. Regina won't be there.

Helen Avery

Acting Secretary

Date of approval

