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# Meeting Minutes

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## I. Call to order

A meeting of Awakening Together Trustees was held on 2/4/2019 at 5:45 MT. Attendees included Jacquelyn, Jay, Kathy, Anne, Regina, Dawn, Doreen, Carrie, and Helen. Meeting adjourned at 7.17pm MT.

**Approval of minutes:** All approved minutes from 1/7/19.

## Contemplation of quote:

Listening involves attention, being present, and hospitality, and it is a component of devotion, nurturing, and wonder. ~ Frederic and Mary Ann Brussat

## Important Business

### A. Fall Retreat Planning.

Suggestions: A modular retreat that is meditation and contemplation deepening into three days of dyads in the middle and ends with a happy/less serious part. Anne and Carrie suggest laughing yoga and kirtan as option for end. Regina suggests days out for fun. Regina mentions asking members for what they would like in the modules. Doreen suggests a topic being explored in the retreat could be 'in the world and not of it' – how to manage 'daily life' with a spiritual deepening. Dawn and Carrie second that they would appreciate that topic also.

Agreed on: 7/8 day retreat with two days meditation/contemplation, three day dyads and then 2 days of satsang/Q&A and fun day/end in kirtan. Then second week will be an open retreat for those who prefer that, or want to come for two weeks.

Dates: Earliest start is 18 October, latest end would be November 3.

**B. Trustee Meeting Schedule:** Regina suggests moving to a monthly meeting. All agree. Regina says first Monday of every month will be the trustee meeting and anything urgent will be done over email.

**C. Minister Subcommittee update/Prayer requests:** Carrie mentions prayer criteria will be emailed out to trustees soon. And mentions Minister newsletter not opened by 2/3 of ministers. Regina suggests renaming it.

Next meeting will be Monday 4<sup>th</sup> March 2019.

Helen Avery

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Acting Secretary

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Date of approval

