

Key Quotes on True Desire

Michael Langford:

Awakening the extremely intense desire for Liberation is the most important first step that can be taken towards being liberated now in this lifetime.

As your desire for liberation grows in intensity, the ego creates fewer obstacles.

When the desire for Freedom becomes even stronger, the desire for Freedom itself will bring you everything you need to succeed in your quest for Liberation including the answer to all your questions, the Direct Path teachings, the solution to all obstacles, the motivation to practice, etc.

When the desire for Freedom becomes even more intense, the ego will no longer create ego preservation strategies.

The extremely intense desire for the direct experience of the absolute Truth will guide you to your inner Teacher.

The only problem an aspirant ever has is a desire for Liberation that is too weak. An extremely intense desire for Liberation will solve all other problems.

Adyashanti:

To clarify your aspiration means knowing exactly what it is that your spiritual life aspires to, not as a future goal but in each moment. ... The importance of this first Foundation cannot be over-emphasized, because life unfolds along the lines of what you value most.

Making clear what you aspire to is the first step. It has the effect of gathering energy and attention together into a unified force and directing it toward your aspiration.

When aspiration lines up with unconditional follow-through and love, it becomes a very strong force in the universe.

Sri Annamalai Swami:

If the intensity to know yourself is strong enough, the intensity of your yearning will take you to the Self.

Nisargadatta Maharaj:

All will happen as you want it, provided you really want it.

The stronger your desire, the easier comes the help.

There must be the desire first. When the desire is strong, the willingness to try will come. You do not need assurance of success when the desire is strong.

The Holy Spirit's Interpretation of the New Testament (NTI):

Focus on your willingness as if it is your truth, because it is. Focus on your willingness as if it holds the answer to all questions, because it does. Focus on your willingness as if it is everything to everyone, because it is.

Teaching is the way to learn. The one you teach is yourself. In this way, teach yourself your one true desire by demonstrating your desire for it with every thought that comes into the mind.

Awaken the mind by being gentle to the split. Whisper quietly to it that which is your true desire, and it shall respond naturally by opening its eyes unto you.

Practice the true desire in each moment that you remember it, and you bring yourself closer to the state of full awakening.

Jesus is given as a symbol because he was faithful to the way. He remained focused on the true desire of the Heart, and he listened to it in all things.

Worship in reverence and awe the true desire of the Heart by giving your gratitude to it.

Trust your own mind, for it does know the true desire of your Heart. And it will rest, that your true desire may be practiced.

Put faith in your truth by trusting your true desire. Listen within, with true desire as your focus.

Keep it before you, and true desire will easily lead you to the point you desire to reach. ... Be true to your true desire, and it shall lead you truly.

Be submissive to your true desire. In this way, you are submissive to your Holy Spirit, for your true desire *is* your Holy Spirit. True desire and Holy Spirit are inseparable.

Follow the true desire of your Heart. Stay with it, and do not let it out of your sight. In this way, you are not confused by goals that seem grand, but lurk within the shadows of misperception. You stay focused with the beacon of Light, and you walk through misperception without being distracted by it.

Your true desire is Know thy Self.