

May 20, 2005

Question: Help me to get behind the words in Lesson 354. What would you have me realize fully today?

Answer: Realize who you Are. Realize that you are a part of All-That-Is, not some separated aspect that is yet connected by a thread of sameness, but All-That-Is Itself. Melt into that realization today. Accept it.

Question: How do I do that when, even now, the phone is ringing; my daughter is watching TV, waiting for breakfast and wanting to spend time with me; there is laundry to do and a house to clean; I have work to do to prepare to move and there are other things I want to do? How do I melt into the realization of all that is when I seem to be pulled in so many directions and seem to have no choice about it?

Answer: Lay your sadness aside and your guilt aside. They are obstacles to your Love.

Question: I know, but even if I do that, this outside world with its demands, and me with my wants . . . it's all still here.

Answer: It is not here. Only your mind is here. You are denying your power even now. You are saying *I want to believe I'm the Son of God, but that just isn't the way it is.*

Try instead to say this today, and let no other thought take root in your mind. *I am the Son of God. I am not the victim of the world I see. It is my world, and I will use it to Love my Self as God. The world has no other purpose now.*

Practice this today.

May 22, 2005

Question: What would you have me realize after watching *Mean Creek*?

Answer: You are innocent. You are the innocent child of God and you are Love. It is only your imagined guilt that keeps you hiding from me. Release your guilt that you may see me standing here, waiting to welcome you. Let yourself be free. Bring your guilt to me and I will show you it is nothing, for *it is nothing*, and you are Loved as you are. Transcend your fear and bring your guilt to me. The light will shine on you and in you, and you will be blessed in your innocence.

Question: Why don't I know that I am innocent?

Answer: Your desire to be special keeps you from knowing who you are, because you do not wish to see it. It does not change who you are. You cannot be special or separate from the Son of God. That is your reality.

Question: Hmm. My desire to be special . . . so what is the Course really trying to teach me about special relationships?

Answer: Your special relationship is with your self, for there can be no other relationship since there is no other. You have felt guilty for wanting specialness for yourself, so you projected it outside of yourself and pretended to have relationships with others. Yet, the specialness is still in your mind as desire and guilt, though neither is a fact since you can only be what you are.

Let go of the desire for specialness. It is a desire that can only seem to be addressed in dreams, so you lose nothing when you let it go, yet you gain everything because you gain the Truth of who you Are.

Question: Why do I experience intense fear in this process?

Answer: You experience intense fear because you believe your guilt, because you believe your desire has created sin. But sin cannot be created. Creation is eternal. Sin is separate from holiness and apart from God's Will.

Question: But I do feel like I have a will separate from God's.

Answer: You are not apart from God's Will. God's Will is within you. It is a part of you. You are only having a temporary fantasy of a separate will, but this fantasy will not last. When the desire for specialness ends, the fantasy will end by your own choice. It will simply be no more.

Question: If God's Will is in me, then the desire for truth is in me. Do I really need to cultivate that desire?

Answer: Yes, you must cultivate that desire because it is the draw of your true desire that will lead you to give up the false one.