May 13, 2005

I am in North Carolina on a house-buying trip, and house buying offers many opportunities for forgiveness. I am noticing all of my preferences and seeming "needs" rising to the surface on this trip, and as they do, I am turning them over to Spirit and asking for guidance. This is the backdrop for the following discussion with Spirit:

Question: "Desire truth *because* it is truth." What would you share with me about this statement?

Answer: "Because" is emphasized in this statement because you cannot be choosing another fantasy that pleases you and be choosing truth, which is constant. I have told you before that truth Is, and your wishes cannot change it. To accept the truth is to accept it as it Is, and to be happy with it as it Is. Not to desire it to be different from what it Is, is your desire to accept and be a part of the truth. And you must be a part of the truth as it Is or it is not truth, it is delusion.

What you must ask yourself in all sincerity if you wish to be free of all illusions is this: Am I willing to accept the truth as it Is without any adjustments required to satisfy my need for happiness? When you can say "yes" in all you seem to perceive, the truth will be given you through your own choice. If you say "no" to anything . . . if there is anything that you must have in such-in-such a way in order to be happy, you have not yet said "yes" to truth, and so you cannot have it by your own choice. You cannot have it in your awareness because you have decided it is not good enough as it Is to make you happy, and so you choose to seek something other than truth.

You are the Son of God, and you will find that which you seek, because nothing less can be given you. If you seek something other than truth to satisfy your desire, you will find something other than truth, but that can only be illusion, for it isn't truth. Only truth is constant, and since illusion is not truth, it is not constant. Therefore, the happiness you thought you found will be fleeting, and then you will be in search of it again.

Give up this game of dog and cat that you play. You are only chasing your own tail. Put down the implements of war and stop fighting an imaginary enemy for your own happiness. Trust in Me, which is to trust in the Truth. Ask for nothing for your happiness. Open up to receive happiness as it Is, and you will find that it is constant.

May 17, 2005

Peace is not illusive. It is not a slippery substance that you cannot quite hold onto. Peace is a constant within you. It is the core of who you are. It is *your* substance, and it is as strong and dependable as a rock.

When you seem to have lost your peace, it is not because you are no longer who you Are or because you have strayed from some right path. It is simply because you have let illusions obscure who you Are and hide the surety of your path.

Do not fear that you are lost. You cannot be lost, for you are always with me and there is no other place to be. Listen to me and relax. Let illusions pass from your mind and remember your purpose. I promise you . . . you are walking the path of righteousness, for there is no other path to walk on. All steps lead to Awakening, and this is true for everyone. There is never any reason to be concerned in any situation, no matter how it may look in form.

Study my words and let them seep into your heart. They shall bring a smile unto your face and a flood of peace into your mind, for the opening of your heart is the opening of your Love, which is the release of your Peace and the Truth of who you are and who your brothers are. Rejoice, for we are One walking the secure path of certainty together *always*.

May 18, 2005

Question: Thank you for this weekend. Thank you for reaching me through the Course, my thoughts and through the words of others. Thank you for the house and for the neighborhood. I would like to learn from my experience this weekend. What would you share with me to help me?

Answer: Accept. This is a key word for you. It does mean that you need to stop planning to be happy. You are always planning to be happy, when happiness is in the current moment, not in your plans for the future. It is ok to want to learn from your experience of this past weekend, but be careful not to slip into judging yourself for having done one thing wrong or another thing better. Just accept the weekend as it happened. Being grateful is a form of acceptance, so continue to be grateful as you are.

The future is going to come just as it will. For you to plan every detail now is to waste your moments now. It may not feel like worrying to you, but it is the same thing. Let the future go until it gets here; until it is now. Everything will fall into place, including your furniture.

Be at peace, accept and be grateful. Love the current moment and all that is happening in it. This is not the formula for fear. It is the formula for peace. Enjoy the formula for peace, and fear will be impossible.

Question: Please give me my daily bread. What would you share with me?

Answer: I have already shared my message with you today. Accept. That is all you need to do. Accept your Self. Accept what Is. Accept what you perceive. Let go of all struggle in whatever form it seems to take in your mind. All struggle is of the ego. To let go of the ego, let go of struggling, not through struggle, but through quiet acceptance.

Listen to me. Rest.

Listen to me. Rest.

Listen to me. Rest.

There is nothing else to do.