

January 30, 2007

Question: Holy Spirit, I seem to be noticing my brothers as unsure of their guidance. At times, I may also believe they are making mistakes. There are brothers who feel I am mistaken about my guidance, and the thought of being unsure has popped into my mind. What would you share regarding knowing and trusting guidance?

Answer: The first step to knowing and trusting guidance is to know and trust you. This may seem that I am asking you to look to the ego for guidance, but I am only asking that you know where you are.

Each one is guided on an individual path. This is not because each one is an individual, but because each one perceives himself as unique. Uniqueness must fall away through a path that meets uniqueness where it is and then leads steadily away from there. For each one to learn that they are not the unique one they think they are, it takes a very unique path.

You are to know your guidance by knowing yourself. You know at a level of intuitiveness the lessons you must learn. You know the guidance that leads you to learn those lessons and the guidance that leads away from learning them. If you choose the guidance that walks the way of undoing, you are choosing the guidance that comes from Me. When you choose the guidance that comes from wanting, but does not seem to involve undoing, you are not, currently, choosing with Me.

Each one must walk the path of undoing at a rate that is preferable to him. No one will walk at a speed that is faster or slower than his own desire to go. Trust each one, and you trust yourself.

Opportunities are never lost. Opportunities are given at the time when they are desired by the mind. This can never fail to happen. Trust the unfolding of the universe, and you trust yourself.

Resting the mind is always a useful practice. Find times to be still and think of nothing. Ask no questions and seek no answers. Simply rest and be aware of the presence that is Me. In these times, you are filled with wisdom and knowing, which will manifest as guidance when the time is right based upon your own willingness and your truest desire for the path of healing.

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I choose to teach that the world is not real
by living as if it isn't.

I will not live by the world's rules,
and I will not think or figure out for myself.

I will trust and follow guidance
in full trust that

by trusting

I will learn
that which I would teach.