

January 23, 2007

Your role is to be at peace. Your function is happiness and joy. You are asked to be nothing but love. How easy to be that which you were created to be!

Now is a time of mind-watching, because now is a time of releasing all thoughts that are not of love. Thoughts that are not of love are of imagination, and so they are easy to release when you truly desire to do so. This is why we must look at your desire and question it now.

What do you think you want? Make a list. Don't edit it based on some perceived judgment of what you think I want to see on the list. Make the list based on what is in your heart. Write down everything you desire, and do not stop until you feel you have written it all. Stop when intuition tells you to stop . . . when intuition says the list of highest desires is complete.

When the list is complete, look at it. Is there anything that you judge as wrong? Do you feel guilty for any of your desires? If you do, you feel guilty about yourself. This guilt must be let go if your highest desires are to be within your experience.

Is there anything on your list that doesn't make your heart sing? Is there anything that came from the head instead of the heart? Is there anything that came from fear or unworthiness instead of love? If there is, cross that thing off of your list. It is not coming from your truth, and only your truth can guide you truly.

Is there anything on your list that you feel you do not deserve? If so, you have just uncovered a spot within your own mind that does not love you. Step into the stillness and heal that spot. You are perfect love, and everything about you is as perfect as you are.

When the list has been edited according to the instructions above, look at the list again. This perfect list, which captures your heart's desire, is My will, or my guidance, for you. Accept this list as My guidance and My gift. Accept it as yours. Accept it as done. All that you need do to receive every gift on this list is to trust in the gift.

When thoughts come into the mind that distract you from the certainty of these gifts, say "no" to those thoughts. Remember that your only function is to trust in the gifts. By trusting in the gifts, you will be led to them. Do not make them for yourself, for what you make is not given, and so it is not a gift. Wait in anticipation for the day that I give the gift to you. For on that day, you shall truly rejoice. When you see that the gift is from Me and not through your thinking and your effort, you shall know truly that which is My Name. In knowing My Name, you learn your Name. In learning your Name, fear is no more.

My list:

A house to live in
Financial security/comfort
Jasmine's happiness. A perfect flow between her desires and mine.
Joy of serving the Holy Spirit
Joy of teaching everyone that they are love by being love myself
Health & happiness
Consistent and confident inner listening & guidance
Know thy Self truly, beyond all doubt

January 26, 2007

Holy Spirit: You have been seeing your confusion regarding individuality. That's good. This confusion must be seen and released if you are to be truly helpful to Me. No "individual" can be helpful to Me, because I am not the teacher of individuality. I am the teacher of oneness. Only the thought of oneness is helpful to Me. The thought of oneness is one Will, and that one Will is yours and within you now.

Question: I understand clearly what you are saying, and I still have a question about the desire for a house and for financial security. Aren't those desires from the individual?

Holy Spirit: Yes. The individual has not disappeared. To pretend that the individual has disappeared when it has not is not helpful. That is denial. I asked you to make the list that you may flush up the desires of the individual. To see that you still believe yourself to be individual is important. And I will not take that belief from you. That is why I do not ask you to give up your desires.

But, if you are willing to trust Me through not focusing on your individual desires, you will see that you are not the individual. By focusing on Me and My guidance within, you will learn what you truly are. You will come to see only one desire. It is that single desire, held to truly, that will lead you to step through the key hole that is called the eye of the needle.

Do not abandon your individual desires falsely. Do not pretend that you do not want what you do want. That is not helpful. Acknowledge your truest desires as they rest in your heart, and give those truest desires to Me. Then, continue to walk in the direction I ask you to walk without concern for your individual desires. Do not fear them. Let guilt not enter your mind regarding them. Only trust them as you continue to follow Me.

Question: What else would you share with me today?

Holy Spirit: Rest in peace. You know that resting is the way. You know that you are complete and whole now. Everything that you need will come upon you as you need it, and you will see it when you are resting and trusting.