

September 17, 2005

This morning, I let the Holy Spirit guide my fingers as I opened *A Course in Miracles* to a seemingly random page. We opened to page 46, *Judgment and the Authority Problem*. I read that section with the Holy Spirit, and then asked the following question:

Question: After what I have read this morning, what would you like to say to me?

Answer: Welcome back to our morning dialogue. These dialogues are important to your learning and acceptance, so I would like to continue them. Do not stop the dialogues to focus on the retelling of Mark. The dialogues will help you to put your self aside so you can hear My retelling of Mark.

Judgment is a habit that you have. This habit of judgment is an obstacle to knowing your Self, so it is this habit of judgment we will work on.

Your role is to become aware of your judgments. Your judgments are synonymous with the term “attack thoughts,” since judgment separates what *is* into segments and orders them according to preference. And preference is nothing more than [more] judgment.

When you judge something or someone, you see it as separate from you, and you put yourself in a position of authority to make a decision regarding its worth, lack of worth or relative worth. This is an attack on yourself, because within this thought you see yourself as separate from that which you judge. And you see yourself as the authority, which means you deny that your authority is God.

In the simple act of judging what seems to be an everyday occurrence in your life, you keep the separation alive within your mind. And what is alive within your mind is your experience, since all experience is of the mind.

I ask you to reverse the habit of judgment by extending mercy to all that you would judge. Do not make the mistake of judging for yourself what “form” the mercy would take, for then you are perpetuating the concept of separation. [After all,] a concept is all that it is.

Instead, I ask you to notice when you judge. Be willing to extend mercy instead, and ask Me what mercy I would extend. I will lead you in your thoughts to give *through thought* what is most helpful at the time. I may also guide you in action, but I will [primarily] guide you in thought.

Guiding you in thought without leading you to take a specific action is helpful for you at this time, because it helps you to remove your awareness from the world of form as reality [and place it on] the world of mind as reality. As you follow my guidance to extend the thoughts I would have you extend, and you perceive miracles based on the extension of thought, you will come to accept mind as Self, mind as connectedness, and oneness as the reality of mind. Within this acceptance, you will find salvation.

Remember to seek your thoughts with Me in openness. It is My thoughts that you want to extend. [In time], you will come to know them as your thoughts. [In the beginning,] be willing to lay your thoughts of what is helpful aside that you may hear My thoughts and extend them.

Every time you lay aside judgment and practice extending My thoughts, you help to heal the world of its own illusion. Thank you.

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I lead you to Truth through illusions. There is no Truth within illusions, but illusions are like a tool that can be used to lead you to Truth.

Do not be afraid to enjoy illusions. Happy learners have a purpose. But do not make the mistake of putting value on illusions. Do not let illusions be the basis of your happiness.

True happiness comes from Me. With true happiness, there is no loss, for all things are seen within their true light as a path to the remembrance of Truth.

Seek only Me, and you shall know happiness. I am your happiness, and I am within. Seek not outside for joy. Enjoy illusions, but do not seek there. Bring joy to what you do instead of asking what you do to give you joy.