

## Post from the Peace of God

Hello Friends,

First, I want to express deep, abiding gratitude for the Holy Spirit, which leads us all so perfectly. It knows what we truly need, and it always provides. The Holy Spirit has a crush on us all, and we only need the eyes to see, to see that this is true.

Now I am feeling to comment by combining the NTI passage from today with a passage from The Way of Mastery (which was actually Carolyn's post earlier). I guess I should start by saying that my purpose is to be only love in awareness, to know thyself in all things, and to serve the Holy Spirit for the awakening of one mind. I don't really have any other purposes any more. This is the truth about my heart and my mind. I am willing to do whatever the Holy Spirit asks.

There are things, ideas, thoughts that come into my mind to attempt to distract me from that purpose that I have chosen. For this temptation, I must remain on my toes. The mind needs to be watched constantly. There really is no time for not watching the mind. It doesn't matter where I am, what I'm doing, or who I'm with. Mind watching is the one consistent thing I must always do, and I am grateful to you who join me in this 24/7 endeavor.

Today's answer from NTI Matthew says: "This is why I ask for your faith and willingness. It is because I am asking you to turn away from what you have known until now, and from where you have put your faith before. Let the world go from your sight. Let it be but a vision of dancing symbols with no truth in them. This is what I mean when I ask you to seek only me. Let all that you knew before me go from your thoughts."

I remember when I wrote that with Holy Spirit. I believe that is the moment that I realized just how much faith was going to be required of me. I was going to have to deny everything that came from "me"—every thought, every sensory experience, everything I thought I knew, and simply trust the Holy Spirit. I also remember that in that same moment of realization, I felt the deep desire of my heart, and I agreed to have exactly that much faith. I stopped trusting "me," and put my trust in the Holy Spirit. When I seemed to know one thing as a fact, but Holy Spirit lead in another direction, I let go of what I knew and followed Holy Spirit in faith. That is still the way I walk today. Sometimes, there seems to be a struggle in making this choice, but I always make the choice.

The helpful thought in today's NTI passage is this: "Let the world be but a vision of dancing symbols with no truth in them." This has been most helpful to me in my interpersonal relationships, and it continues to be a strong focus in my mind, as I see the temptation to attach to people that I am in relationship with. Since we cannot know all six billion people, Holy Spirit gives us relationships with ones that are most helpful to us, and we are most helpful to them. I call the most useful of these relationships "intense relationships." Intense relationships are the ones we are also most tempted to attach to when they seem to make us happy, and by "attach," I mean that we are most likely to believe we need that person for our happiness.

When we believe we need anyone—be it child, lover, parent, or friend in order to be happy, we have slipped into listening to the ego. It doesn't matter how much love we are feeling, or how high the relationship seems to take us. If we believe we need that

person for this joy, we are mistaken.

And yet, at the same time, there are intense relationships in our lives because they are useful to help us know more love, and they help us to reach higher within ourself. It can seem to be a thin line to walk--staying with the relationship, receiving in love and joy and gratitude everything they give us--and yet not becoming attached.

That takes me back to the “dancing symbols” sentence. This sentence is how I stay on the right side of that thin line. I learned to look beyond the person to the symbol that the person is for me, and what they symbolize is this—my desire to be only love in awareness, to know thyself in all things, and to serve the Holy Spirit for the awakening of one mind.

By seeing each relationship as this purpose, I am able to love them and enjoy them and have intense gratitude for them, but I am also not attached. I realize that everything I receive comes from my purpose, not the person. And so what I attach to is my purpose, and I am willing to go wherever my purpose leads in faith and joy and gratitude.

Sticking with this purpose does not mean that thoughts of attachment do not come to mind. They do. And when a relationship is particularly intense, those thoughts of attachment can seem to be very strong. This is when a relationship similar to the one Carolyn quoted from *The Way of Mastery* is helpful:

“Even as the thoughts of the world stream through your brain mind, even as the sensory data are received through the cellular structures of the nervous system of the body, you can relinquish these things--can act only from the depth of perfect wisdom, perfect safety, and perfect peace.”

Yes, I can feel the thought of attachment, that desire to attach to one person for happiness and love. I can feel it in every fiber of my being as it moves through me, and I can choose to let it go at the same time. I have done this. I have done it recently, and I know it is the right thing to do if I want to stay in line with my purpose. And the wonderful thing is, we can detach from intense relationships in our life, and the relationships often continue. Every time I have detached from a loved one, the relationship has continued and gotten better. That has been my experience so far. Sometimes relationships seem to fade away in form, but they fade in joy and love.

The answer to every question is to keep purpose foremost in our mind. That is the answer that always leads. Whenever we forget our purpose, we have forgotten who we are.

Love, Regina

**April 24, 2005**

Forgiveness ends the dream of conflict here in the mind where it began as an idea, but as an impossible idea that could never be true. And every thought that was born of that idea is but illusion. False beget false. It is only your belief in what is false that seems to make it true. Letting go of the belief is the lifting of the veil that reveals the false as false and the Truth as it has always been. This is the role of forgiveness; letting go of what isn't and accepting what is.

**April 25, 2005**

Today, I would behold my brother sinless because that is all I wish to see. When the ego points in fear at guilt as proof that illusions are real, I will not play. I will rest my mind in faith and let my turn in the game pass by. I will simply let it go in peace. There is nothing else to do. And then, when the time to play has passed, I shall open my eyes and see the smile that is waiting there. It will be my smile, because the letting go will have found my release. The dust will have settled, and I will find myself standing safely outside the ring of illusion with my hand gently resting on a rock.

**April 27, 2005**

Within the mind, my treasure I will find.  
It is waiting there glimmering in Love  
Mine to behold, mine to share, mine to extend.  
It cannot rust or hide in dust  
It can only shine.  
My treasure is there in my mind waiting for me to find.  
It is mine.