

**January 9, 2006**

*Questioner:* Holy Spirit, it is clear that trust is key to awakening, since we must trust You to lead us from everything we think we know to the remembrance of Truth. Since trust is key, doubt can seem to be a major obstacle. What can you share that will help us through doubt?

*Answer:* First, I would ask you to remember what you want. You are the Son of God. What do you want? Is it the experience of separation? Or is it the remembrance and knowledge of Truth?

*Questioner:* But in times of strong doubt, we doubt that there is a reality beyond our current experience. We may want it, but we doubt it, and that frightens us.

*Answer:* If you choose to listen to doubt, you are making a choice. If you want remembrance of Truth, you will choose to transcend doubt. And you will transcend doubt and return to trust, *because* you want to.

Do not underestimate the desire of the Son of God. It was the Son of God's desire to be separate that made this [world]. So, it is His desire to let this experience go and return Home that will lead Him in that direction.

When doubt is upon you, remember what you want. Hold onto it, just as a child holds onto a security blanket. Your desire is much more powerful than you imagine. It will pull you through any amount of fear.

Also, when doubt is upon you, imagine it as a cloud that must pass by. Rest with your remembrance of Light and your desire for Light until the cloud has passed. Know that the cloud *must* pass, for anything that is not of Truth cannot last. Its passing is evidence of its unreality. And then notice what did not pass . . . what you kept with you, even in the darkest moments within the cloud. It was your desire for God, for Love, for Oneness, for Peace, for Joy and for Truth. So that must be what is real, because that is what did last and did not pass away. And since that desire is within you, it must be that the remembrance of Truth is within you too. For it was your remembrance that fueled your desire to remember.

When the doubt has passed, let yourself be grateful for the Light, which is your Truth and your Guide. Pick up your trust, smile and move forward with [your Guide] to the remembrance of your Self.

**January 17, 2006**

*Question:* Holy Spirit, what would you share regarding *A Course in Miracles* workbook Lesson 14:

*God did not create a meaningless world.*

*Answer:* This must be a simplified summary of what I have been teaching you through the Book of Luke, for this *is* what I am teaching through that book.

If you begin with a premise or a thought that is not true and then build on that thought, everything that follows it is not true also.

For example, a child has a belief that there are things that exist in the dark that do not exist in the light. Beyond that belief, anything the child imagines based on the belief is also untrue. It does not matter if the child imagines monsters under the bed, in the closet, within a picture or out the window. It does not even matter how real or terrifying they seem to be. The monsters in which the child believes cannot be real *because* the premise or founding thought has no truth in it.

This is true of your world and all that you imagine in your world. Your world and your self-concept are based on a belief that you and all that you experience can be separate from God. Since you believe in something that is separate from Eternal Safety, you believe in death. Since you believe in something separate from Eternal Peace and Joy, you believe in fear. Since you believe in something other than Eternal Oneness and Love, you believe in guilt. But since nothing is separate from God, all that you imagine which is not God is not real. That is a simple fact based upon the law of God:

*That which Is can only come from the extension of Reality.*

The reason this is confusing for you is because everything that you believe, you believe is real. And, you are not fully willing to let go of your belief as yet. However, your choice to believe it does not make it so.

I ask of you, just as you would ask of a child who believes in monsters in the dark:

Give Me your trust, and I will comfort you. Continue to listen to Me and learn from Me. One day, you too will see that there cannot be monsters in the dark *because* there cannot be monsters within the Light.