March 18, 2005

Question: "Only an instant does this world endure". What would you have me learn or realize from today's lesson? I am willing to learn anything that you want me to learn.

Answer: Your connection to this world can be too serious at times. That is because you think this is your real life; you think that what you do or don't do in this life matters significantly. Nothing in this life matters significantly. You, apart from me, do not matter significantly.

I am not saying this to insult you. I want you to realize that this life isn't important; nothing about this life is important, but there is more to you than this life, more than *the you* that you think you are. This is the focus you must find. This is your Reality. When you look at this life as important in any way, you are losing the focus of what is important. What is important is Truth and True Reality. For you, that importance is just a dream and the dream is your reality. This is upside down thinking. But you can choose to turn your thinking right. You make this choice in each moment of each day by deciding which thoughts you choose to listen to and by where you choose to place your value.

I am not suggesting that you should not love yourself or your brothers, because the only way to God is to love yourself and your brothers. I am suggesting that you realize that what you see and recognize as them and you in this life is not who you are. Recognize it is not true, and you will find it easier to let your thoughts and their actions go by unreacted to. Nothing in this life is important. Nothing in this life means anything. Your True Reality is Everything, so put all of your focus and attention there. Put all of your love there. Let all of your thoughts come from there. Accept nothing else as meaningful. This is where you will find your Joy, because this is where you will recognize Truth and Truth is your Joy.

Only an instant does this world endure. Turn your mind toward Eternity.

March 20, 2005

Question: "Where darkness was I look upon the light." What would you have me learn or realize from today's lesson? I will learn anything that you want me to learn.

Answer: It's a simple change of mind, a simple willingness, a simple surrender. You do not need to create the light. The light was created for you. You only need to accept that it is yours, and it is.

If you insist on believing in darkness, you cannot see that light is, and so you cannot accept that it is yours. But if you can let go of your insistence on darkness, you will see all that is truly there, and since it will call to you, you will recognize it as yours and accept it as yours. Then you will say in joy and relief, "Where darkness was I look upon light," with your joy and relief coming from the sure knowledge that the darkness you thought you saw, never was.

March 21, 2005

Question: "The holy Christ is born in me today." What would you have me learn or realize from today's lesson? I will learn anything that you want me to learn.

Answer: You are the Christ. Never doubt that you are the Christ. You and your brothers are beautiful in my sight, and you can be nothing else.

He is born in you, because He is you. There can be no separation. Love the tiny infant within you. Nurse Him with your love and your forgiveness and your willingness to see Him grow. Look at your brothers and see Him growing there. Look within yourself and see Him growing there. There is no place where you can look and not see Him growing if seeing Him grow is all that you desire. He is your Truth. Nurse your Truth. Give it your love, your forgiveness and your willingness. He is your brother's Truth. Nurse your brother's Truth. Give it your love, your forgiveness and your willingness as if it is your own Truth, because it is. It is all one. It is all one Christ, and it is born in you today through your willingness to see it as one.

March 25, 2005

Question: "Conflicting wishes cannot be my will." What would you have me learn or realize from today's lesson, and how does it connect to my desire to see my brothers as separate from me?

Answer: You think conflicting wishes are your will. You believe this, and there is evidence of your belief everywhere that you look in your world. And yet you have denied this belief, and so it is hidden from you and cannot be released. Yet ask yourself who hid it there? Who is it that denied your wish for conflicting wills? Accept the responsibility as yours and be willing to look at the choice you made, acknowledging that you thought it was something you wanted. Only then, can you say in full realization that you were wrong and embrace the gladness that you can choose again.