

December 16, 2006

Question: Holy Spirit, I clear my mind of all the thoughts that I've been thinking. I don't want any of them, since they pertain to matters that are ultimately unimportant and meaningless. I ask only to follow your instruction that I surrender and follow You in trust. That is all that has meaning now, and I know that in my heart. I put everything else aside and ask, what would you share with me now?

Answer: Your teaching on *Grandeur verses Grandiosity* is very important for you, because the commitment to humility is key now. For you can only serve Me fully through full humility, which is willingness to completely lay the self aside.

You had an experience this morning where you saw that Regina is an identity that is not of you. Regina, in those moments, seemed to be someone else. You could not identify with her. And you saw yourself identifying with someone else, but you decided to let that go also. Yet, you chose to keep the instructions I had given them both.

This is an example of looking beyond form, which is meaningless, to content, which is meaningful. In this case, you are seeing that you are no person, but you are a flow, and you are willing to surrender to the flow of which you are. You are willing to let go of the person, which has no meaning, and surrender fully to the flow in service to the All.

There are many things that you do not understand at a conscious level, of which you need not understand consciously. As this knowledge is needed, it will be given you, so that it may be very surprising sometimes to hear what you will say. Do not let this bother you. Do not judge it and find yourself wrong. Do not feel grand for finding such wisdom within. Remember your place, and you remain fully in the flow as I am.

Your job is follower, and at times it may look as if you lead, but never forget that you follow. Humility of mind is your greatest asset now. Remember to bow down for Me, and all that I have to give shall rise up within you.

You are a giver. You are never to keep for yourself, but always to pass on. In this way, you are a part of the flow. You are a conduit that allows the flow to continue by not attempting to stop or filter the flow. For this reason, all judgment must be laid aside now.

Judgment filters the flow, which weakens it. You can be the full Light that is the flow by not taking from it through judgment.

I have no other instructions for you now except that you continue to practice surrender. Practice all that I ask you to practice. In this way, you are most helpful and most useful to Me.

Put aside all judgment. Seek only to surrender. Ask not to be you, but only to know Me. In this way, you know your Self fully.

Go now and practice with your every breath. Many surprises await you.