

**July 25, 2005**

**Questioner:** *A Course in Miracles* says, “The thoughts you think are in your mind, as you are in the Mind Which thought of you. And so there are no separate parts in what exists within God’s Mind.”

Holy Spirit, can you share more clarity regarding this statement?

**Answer:** The thoughts you think are in your mind, but you do not see them as thoughts within your mind as yet. Your mind is more than the mind you think of as your mind, for you still think of yourself as small and little.

But let’s start with the mind you think you have and the thoughts you think are yours and build from there, that you may see your mind is more.

**Questioner:** All right. I would like to learn this lesson. Please help me. I am willing to hear what you would teach.

**Answer:** You think your thoughts are private, within you and a part of you. You identify with your thoughts as yourself and you cannot see yourself apart from your thoughts. If your thoughts seem hurtful, you hurt. If they are happy, you smile. You do not doubt the connection between you and your thoughts.

This is how it is with God. God does not doubt that He and His Thoughts are one.

**Questioner:** I see that, but I am still confused. I can change my thoughts, and in fact, I am being encouraged by you to do so. Does that mean that God can change the thought of me and I am gone?

It seems like a bit of a silly question, or maybe it isn’t. Please answer.

**Answer:** The you that you are thinking of now as you ask this question is not the Thought of God. It is a thought you had in a dream, and because you do not doubt that your thoughts are you, you do not doubt that this thought is you. But in this case, the thought is only a dream-thought that could never be, and to see that, you must question it. Only your true thoughts will stand up to the scrutiny of your True Heart’s judgment. All other thoughts will be let go.

**Questioner:** Please state all of this as clearly as you can in a straight forward manner. I want to understand.

**Answer:** Imagine the thoughts that you think of as your thoughts as being alive within your mind like 3-d cartoon characters or as holograms. You see them clearly within your mind, and so you know they are yours.

One of these thoughts seems to turn in a direction that is different from your other thoughts, and you notice this slight change in the thought's posture, but you do not change how you feel about the thought nor do you begin to see the thought as any different than the thought as you created it.

This thought that has turned around is playing a game that you do not see, and hidden within a space it created in its change in posture, this game is played out without any effects within the rest of your mind.

This game is but a game, and as all games end, this one will too. When the thought that turned to play the game has finished, it will return its posture to join the whole, which it has never left, for it was always there in its place within your mind as itself, but it was looking away in a private daydream for awhile.

**Questioner:** So I am a character in that thought's daydream, and since I am not a thought within God's mind, I am not real. I am temporal. Is that what you are telling me? Again, I ask for clarity.

**Answer:** I am you. When you see [that ] this [is true], you will see that you are more than a temporal figure within the dream. You are the dreamer of that dream who has now decided to stop dreaming. It is gathering up the imagined toys within its mind so it can put them aside, and then it will turn around and rejoin its purpose within the chorus of God's Mind.

You are not the little mind. You cannot be. For you exist with Me and the little mind is but imagined. Wake up unto your Self, and help me gather our toys, that we may rejoin the unceasing song of Heaven where we are one with our True Brothers within the Mind of God.

**July 26, 2005**

**Questioner:** Holy Spirit, you have asked me to give everything to you, and I want so much to do that because I want to learn the truth is true, and I want to know the complete freedom of the truth. I want to know what Jesus knew with the confidence that he had, and I want to be a symbol of true hope for the world. I understand that to do this, I must let go of the world, all of it. I want so much to give everything to you, but where I find the temptation to hold back is when I think about the protection of the bodies of Jasmine and Regina. That's where the most fear seems to come in. What if I can't trust you with that and we suffer? Or what if I don't understand correctly and because of misthoughts in my mind, we suffer?

What would you share with me regarding these fears?

**Answer:** You ask Me if you can trust Me, *really* trust Me, and you know that if you are to learn that you can, you must let go. And yet, you are afraid to let go until you know you can trust.

Do not fear, my Child. I understand your fears and they do not concern Me. To Me, they are but the fears of a frightened child who has not yet learned the difference between reality and her frightened imagination. And I am like a loving father who would guide you to learn that you need not fear, and I will not attempt to teach you by frightening you. For if I chose that method of teaching, you would not learn and your fears would last longer.

Give Me the trust that you can. That is all I ask. If you can take my hand and walk so far but not too far as yet, then let's walk so far together. You will learn from that little walk that you can trust more, and we will walk further. But I do ask that you walk with me as far as you can and not stop short of your seeming limit, for if you stop well within your defined boundaries of safety, you will never learn that you can trust Me. You must give Me your trust to learn that you can trust Me. Do not withhold it by protecting yourself completely.

**Questioner:** So how far can I go now, and how do I know if I am walking that far with you or stopping within my defined boundaries of safety?

**Answer:** A father will say, "Walk this far with me." He will point to a place in the dark and say, "Let's walk this far together and rest there before we go on." And the child may at first be frightened of walking even that far, but as she looks at that point in the darkness, she comes to realize that she can see that far and it might be ok. So she gives her consent and takes those first steps with her father. And then when she is ready, she gives her consent to walk further to the next point in the darkness.

Do not try to decide now how long or short your stay may be at the first point I am taking you to. Be willing to trust Me as quickly as you can and move on. Always continue to give Me your willingness as quickly as you can.

For now, step to the point I have asked you to step to, and from there we will go to the next point.

**July 27, 2005**

**Questioner:** Holy Spirit, if only the ego questions, how much clarity shall we seek? When is it helpful to ask for understanding and when is it helpful to accept that we do not know?

**Answer:** Questioning will seem to come to you in two different forms. The question of defense is not helpful. It is a question that comes from the desire to protect the ego and to keep perception as it is.

At times, a question of defense may seem obvious as you will feel the defensiveness or fear within the question. Be alert to these feelings when you are tempted to ask a question, and if you notice them within you, be willing to let the question go. If the

question is a question that needs to be answered for you, it will come back at another time when you are ready for the answer. To ask the question before you are ready is not helpful, for you will not hear the answer.

A question is helpful when you are willing to let the answer lead you from the ego. This is a question of forgiveness, for it comes from the desire for forgiveness within you. If you are fully ready for the answer, the answer will make sense to you and a shift in perception will occur. If you are not fully ready for the answer, but you are willing, the answer will be given and accepted, and the shift will occur when your readiness has been realized.

**Question:** I seem to have no other questions right now. What would you share with me?

**Answer:** One mind is a thought you cannot fully understand now, but that does not mean that it is not reality and that you are not a part of It. You are.

Be not disturbed by your seeming lack of ability to understand who or what you are. That ability to understand is not important for you now. Simply be willing to walk with Me, learn from Me and to understand when you are ready. Until then, enjoy our journey together like a willing child enjoys the journey of growing beside her father. All things are natural, for nothing unnatural exists.

**Questioner:** That seems like a strange place to end today. It leaves me wondering what more you would share with me now. Is there more?

**Answer:** Love Me. Take my hand and love the experience of Me. That is natural. Let your mind melt into the natural experience, and the unnatural will simply fade away. As you enjoy Me as your only purpose, there will be nothing else to see or feel or believe in. It is not there, because the purpose of it is meaningless and without reality. Stay with Me.

**Questioner:** How?

**Answer:** Love Me. Regardless of what you seem to be doing or what seems to be going on, keep your love for Me in your heart. Trust that you are holding my hand, and I am leading you through the unreal to the real. When you find that you are looking at the unreal *in any form* and being distracted by it, take a moment to remember your love and trust with Me, that we are joined, holding hands, walking together. Remember that I know what is real and what is unreal, and you are with Me, so you must be safely walking out of the unreal yourself.

*It is* all ok. I *am* here with you, guiding you in love with complete, undistracted, caring attention without the possibility of failure.

**July 29, 2005**

**Question:** Good morning, Holy Spirit. I thank you for your presence and healing yesterday. Today, I don't have a specific question that I would ask. What would you share with me?

**Answer:** You do not have many brothers with varying degrees of innocence and guilt. You've got but one brother projected from your mind in various forms. None of the forms are real. Therefore, all of the forms are capable of change.

Seeing all as one projection is helpful for you now, for it will enable you to watch your beliefs more closely. All cause is within the mind.

**Question:** Ok. Help me with this, because I do see varying forms of guilt and innocence, and that does seem to change. It is not consistent. How do I take what seems like many and what seems different from one another, and make it one?

**Answer:** Remember Me whenever you look at the world. When you take a moment to remember Me, you are inviting Me in and I will help you.

This is not an action you can take. You cannot make what seems like many seem like one, but you can remember Me, and I can help you see differently.

**Question:** Ok. And once we are seeing the many as one, then what?

**Answer:** Continue to remember Me and let me show you how to see the one. Do not imagine what you should or should not see and do not be concerned about what you should think about what you see. Let all personal responsibility for seeing go, and remember Me. Remember that I am leading you out of the unreal into the real. Trust in Me. Nothing else is asked of you.

**July 30, 2005**

**Question:** Holy Spirit, what does *A Course in Miracles* mean when it says:

*"You do not understand Who calls to you beyond each form of hate; each call to war. Yet you will recognize Him as you give Him answer in the language that He calls."*

**Answer:** Your brother is but a reflection of one who is lost to Himself, and in his fear and pain he cries out to be found again. Yet, he is lost and does not know how to be found, so he struggles for his identity thinking that is him and not knowing *that is the darkness* in which he is lost. Frightened, he fights against shadows to protect the piece that he believes is his, all the while keeping himself from Himself.

It is you who are learning to awaken who must forgive your brother his fear, whatever form it takes. For in forgiving him, you join with him and help him to find Himself. And in finding Him, you find You, for It has joined into the oneness that is Truth.

**Question:** Yesterday, you told me to see all form as one, so that reduces things from six billion to two, me and my brother. And now this step closes that one remaining gap. Is that right?

**Answer:** Yes. Salvation can be simple when you choose to put your faith in Me and follow the steps I ask you to follow. And remember that you are not alone. I am here helping you with all that I ask you to do. With Me, there is nothing you cannot accomplish.

The salvation of the world rests within your choice to listen to Me, to follow Me and to truly practice as I ask. But make no exceptions in your practice, for *all form* is the same. When you are tempted to distinguish between one form and another, you are not remembering what I have told you, and you are not practicing the purpose of salvation.

**July 31, 2005**

**Question:** Holy Spirit, I want to thank you for the miracles within my mind this week. I am beginning to see differently, and it is glorious.

*A Course in Miracles* says, “What you would choose between is not a choice and gives but the illusion it is free, for it will have one outcome either way.” What would you share regarding this thought?

**Answer:** The choices that seem to come to you in this world are choices of form. Shall I go here or there; shall I do this or that? And you worry over these choices as if you could make a right or wrong decision, a decision that could be helpful to you or a decision that could be hurtful.

I say to you, do not worry about your decisions in form. They are not as important as you think. You cannot make a right decision or wrong decision about what to do or where to go. The decision that matters is *why* you do that thing or *why* you go to that place. If behind the action you have placed the purpose of awakening and you have given the circumstance to Me, it will be helpful to you because you have decided to let it be so. If that is not the purpose you give it, it will be but a delay in your path. But even a delay is not truly hurtful, although it may seem that way to you.

**Question:** *A Course in Miracles* says, “The leader and the follower emerge as separate roles, each seeming to possess advantages you would not want to lose.” What would you share about this?

**Answer:** Roles seem important to you in your world, whether it be the role of mother, child, single, married, husband, wife, boss, employee or leader, follower. There are many

roles that you have assigned and taken on, and you move from one role to another, changing roles with your age, life situation or the seeming circumstance in the moment. But all of the roles that you hold or that your brother seems to hold have one thing in common. With the roles comes shifting expectations that cannot be consistently met and so the role is guaranteed to show that you and your brother are separate and guilty.

**Question:** Ok. This is a good topic to discuss. Of course I seem to have roles. I am a single mother and Jasmine is a child. I see that as my primary and most important role in the world. What would you share with me about this concept?

**Answer:** Degrees of roles are but illusion. At another time, another role may seem to be your most important role in the world. Since roles shift and change, they cannot truly identify you because your identity must be stable.

**Question:** Ok. So, it's not that I am a single mom. That is not my identity. That is a temporary situation that I am in. That does seem to open the way to ask, "Who am I?"

**Answer:** Yes. Letting go of identity with roles frees you to discover Self. You may still perform the actions of raising a child and caring for Jasmine, but it is not your role to the point of identity. So, not only is the question of your identity opened up, but also the purpose of the actions within raising Jasmine. What is the *purpose* of this circumstance in form? And as one who has committed to the purpose of awakening, this is the only purpose that can be given to anything now.

**Question:** I see. So whether it is raising a child or working a job or doing nothing at all, it is all the same based on the purpose I give it. So, does it matter at all that I left my good job for what right now seems to be a time of volunteerism? And would it matter if I decided to take another job?

**Answer:** It matters because of the purpose you give it. You had a desire to trust Me more, and you felt within your heart that you needed to be more vulnerable in order to learn the complete trust that you seek. Your purpose is a purpose of awakening and so the change in form is useful.

If you were to take another job now, what would be the purpose of that? Would it be awakening and trust in Me or would it be self-protection because your identity is that of single mom, which is a role with certain expectations? See what I mean? It is not the action that is important. It is the purpose.

If a specific job should seem to be a path for lessons you need to learn, you shall be guided to take that job. The situation of moving from volunteerism to a paid job would not be important, although in form it may seem to be a situation that changed. If the purpose remains the same, it is the same since nothing matters beyond the purpose.