

July 10, 2005

Question: What does the Manual for Teachers mean when it says:

“Why would you choose to start again when [Jesus] has made the journey for you?”
(Manual 23.5.11)

Answer: You have [A Course in Miracles] to help you. You have the story of Jesus life and the symbols that life represents to you. You do not need to sit under a tree and start with the first question to find all of the answers. Through Jesus, you have been given a head start. Through his words and his life, a Finger points directly to the questions you must ask so you can move speedily along the path of salvation. And you, too, shall leave bread crumbs for your brothers and they will benefit from your way.

Question: I seem to have many questions. There is confusion between *acceptance* of form as it is and being a “doormat.” There is also confusion about giving all to all and giving your brother anything he asks for. Am I giving into ego temptation if I don’t swim with Jasmine when she asks me to? Please help with this confusion.

Answer: Follow your heart, not your [thinking] mind. By this I mean, do not fight for what you think you need, for you need nothing. Whenever you fight, you are denying your Self. And yet, within the world of form you are free to speak your truth clearly in love and understanding.

Question: Please be clearer. This is such a strong point of confusion and there are many of us who seek clarity.

Answer: One who has relinquished self-will cannot be a doormat. To be a doormat, one must first have a will that is separate from another and then one must be victim to that will that is not its own.

Question: All right. I see that. So the feeling of being a doormat is evidence that we believe in a separate will. When we see this evidence and feel this concern, how do we truly turn our will over to you?

Answer: Remember that it is not the form that is important. Remember there is nothing to feel guilty about because you are only dreaming of a conflict of separate wills, but also acknowledge your desire to wake up from this dream. Take a moment to love yourself as if you were another. What would you tell that one? Would you tell her that she must do something against her will and under coercion if she is to find the love of God? No. You would tell her to follow her heart. You would tell her to take a moment to ask what she truly wants, to listen to herself and to do whatever the answer must be. This is what it means to “let your no mean no,” and *no* can mean *no* in peace and confidence.

If, in saying *no*, she feels she has uncovered a thought she must let go of, she can also give her willingness to let go of that thought while saying *no*. If she feels she is following true guidance in her answer, she can feel grateful for the guidance and release concern for outcome to the Holy Spirit. Either way, she is free to accept peace while saying *no*.

There is never coercion on the path to God. All steps must be freely chosen. This is what it means to have freewill within the world.

July 11, 2005

What I would have you ask now is *why*? Why am I doing this thing? Why am I asking this question? Why am I thinking this thought? Are all things for the purpose of Awakening? If not, what other purposes do I have? Why do I have those purposes? What is it that I seek?

Remember to ask yourself *why* in all things today, and be prepared to learn from your Self.

July 12, 2005

You are filled with My Love, for you can be filled with nothing else. Only Love exists. All else is illusion.

This statement is completely true. It cannot be partially true. Either Love is all there is or it is not all there is. Either this statement is true or it is false. There can be no in-between in a statement that is fully inclusive.

When you look at yourself, whether that seems to be you or your brother, and you see anything that is not love, you are looking at illusions. Even a call for love is an illusion, for a call for love implies an absence of love and there cannot be an absence of all that is.

What can be other than love is only imagination. Imagination can be believed, and within dreams it can seem to be acted on, but it cannot be real. The absence of imagination is reality, which is all that is real, which is Love.

This is your role if you are to awaken. Stop imagining. When imaginings seem to fill your mind, remember that you have decided to let your mind mature into truth and let the imaginings go. This cannot be difficult, for you let go of nothing.

Rejoice at your choice to mature!

Rejoice at your decision to see all that is as it is!

Seek only that which you have chosen now, for you have chosen with Me. Together, we will show the world what joy there is in reality, that all games may be put aside as useless.

July 13, 2005

Question: What is the difference between accepting and adjusting?

Answer: Adjusting to illusions has a feeling of surrender *as sacrifice*. You want things to be different, but will take them as they are because you feel you have no choice and prefer to be happy. Adjusting is different than acceptance because there is still a feeling of lack associated with the circumstance.

With acceptance, there is no perceived lack. The circumstance is perceived as whole and complete as it is.

Question: How can I ensure that I am learning acceptance and not adjusting?

Answer: If there is truly no preferred outcome in your mind, there is nothing to adjust to. If illusions have become meaningless to you, there is nothing to adjust to. You will not have to adjust to be happy unless you feel that things must be a certain way within form in order for you to be happy.

Question: There are many things in form that do seem important to me. Some seem critically important. How do I get from where I am to seeing everything in form as meaningless?

Answer: Accept that your perspective now is not all there is and be willing to see anew. Accept that you are wrong and let go of all desire to be right. Don't make changes in form that you are not ready to make, but as you do things in form based on a perceived need, be willing to see that as a temporary perception rather than a fact. Be willing to be open to seeing anew.

Question: Personal space or the ability to retreat into personal space seems important. It seems important for happiness and it seems important for time with you. It also seems that from my daughter's normal development, she needs to have time alone in our home with just me. Yet, I also see this desire for personal space as a desire for separateness. Can you please help with this confusion?

Answer: Content and intent exceed form.

What is the purpose of your being apart? Are you being apart in form in order to join in spirit or are you being apart in form in order to keep yourself separate?

Choosing to be apart with your daughter may be joining, depending on what you teach in your being apart. Are you spending time with her to teach her to join or are you teaching her to keep others away?

Remember that what you teach you learn, and what you demonstrate you teach. When you feel the desire to be apart, ask yourself what is the purpose of the apart time? If the purpose is joining, the seeming separateness in form is meaningless as all form is meaningless. If the purpose is hatred, acknowledge your purpose and let it go. It is also meaningless because it is a purpose of illusion. A purpose within dreams may maintain dreams if it is long cherished, but a purpose released has not effects anywhere. You can change even the dream by changing your purpose.

Question: So, help me to discover my purpose. What is my purpose for wanting to keep foundation guest-stays and personal or family guest-stays within separate timeframes?

Answer: You see them as having separate purposes, and you believe that to mix purposes is to invite conflict. You see your family as separate from your purpose. This is symbolic of the idea of separation. Recognizing this symbolism is important for your healing. Accepting that nothing can be separate from your purpose is important for you to learn now. Purpose lies not in form. It lies only in mind. Give your purpose to Me, and I will show you how to see all things.

I have told you before to stop dreaming. Let go of your expectations by recognizing that they are only imagination. Accept form as it happens, and do not seek for it to be another way. Ask me to interpret form for you.

When you can ask for nothing but Me, you will be awake, for you will have realized all there is to be remembered.

A guest is coming, but it is not the guests you are expecting, for you are expecting bodies that answer to names. Truly, these bodies are meaningless. They bring only the symbol of the guest you are afraid to receive but have agreed to accept as your Self.

Open your mind with curiosity and be patient with your fears. Let your imaginings go as the imaginings they are. Let your guest introduce itself, for it is your glory that is coming to visit, and it awaits only your invitation to stay within you indefinitely.

July 14, 2005

Question: I look inward now and I ask you to show me what I see.

Answer: Hope, like small flower buds preparing to bloom into large and glorious flowers. Peace, like a gentle underground stream running surely and consistently without ever stopping. Faith, as all encompassing as the sky, ready to weather any storm and come out shining.

Question: I have made the decision to change my purpose, and although habits from another purpose linger still, I have not gone back on my decision. Why aren't I completely peaceful and rejoicing?

Answer: Transitions seem to take time in your world. [Like with a computer,] old files are being replaced with new ones. This seems to be a process. It is only a process, however, if you look at it as a span of time. You will see what seems to be progress, high points, learning points and breakdowns. This may seem to be looking at the whole, but it is not, for the whole is contained within this moment. If you can look at just this moment without a seeming memory of past or expectations of future, you will see that you are healed now. It is done. It is not a process. It is a decision, and you have made the decision that effects healing.

Question: How can I accept the gifts that my decision has given me so I can share them with others?

Answer: You have accepted the gifts and you do share them. It is only your perception of time that keeps you from recognizing this. Without the perception of time, your recognition is eternal.

Question: When people ask me what I do, what is a helpful way of answering them?

Answer: I am the caretaker of the Foundation for the Awakening Mind.

Question: And when they ask for further clarification about what I do?

Answer: I meet people where they are at and help them to go further in their spiritual development, regardless of which spiritual or religious path they have chosen. In doing this, I also help myself with my own spiritual evolution. My mind is being awakened to the love within everyone through my relationship with them. It's a wonderful job!

Question: And what shall I say to those who ask about finances?

Answer: Money seems to be important in this world, but it has nothing to do with spiritual development. That is accomplished through a joining within the mind, and no one can put a price on that. So, there are no charges for services although there seems to be expenses. We accept donations from those who feel guided to give. Those donations cover the expenses of operating the foundation. I work as a volunteer and cover my own and Jasmine's personal expenses.

Question: How shall I determine which expenses are foundation expenses and which expenses are personal?

Answer: Consider your property donated for use and allow the foundation to pay the expenses associated with operating on that property. You pay expenses that seem to be associated with protecting a personal investment and maintaining the property [just as

you would in a landlord/tenant situation]. You pay expenses associated with Jasmine's growth and development and with your own health and welfare. [Since the foundation is primarily an internet ministry, your car may be considered a personal expense.] Serve the children of God as honored guests without a charge for your services or any expectation of return. Let Me take care of the rest.

July 15, 2005

Question: In this transition of the move, I seem to have less opportunity to discuss you with others, either in person or online. Although my purpose has not changed, I am feeling more distant from you and I don't like it. Can you help me?

Answer: You don't know Me because you do not know your Self. If you knew who you are, you could not ever feel separate from Me, for our separation is impossible.

Rejoice that you are wrong in your perspective! Rejoice that the truth saves you from being alone ever!

Your awareness is not all there is. Be happy!

Today I say to you, you are with Me in Paradise now. Rejoice and relax with this knowledge. Do not let your awareness distress you. Your awareness does not establish fact. Fact establishes fact, and it cannot be changed.

Rest in Me as you go through your day. I am with you always. This is a time of patience, and I am here being patient in peace and joy with you. Join with Me where I am.

July 17, 2005

Question: I am asked to have only one purpose, yet I seem to have at least two, Truth and raising Jasmine. And yet, I seem to hate her for being in my way. Please help me to see this differently.

Answer: You are afraid. Everyone in your world is afraid, and the fearful must attack to protect themselves, and then they feel guilty and the cycle of believing in illusions continues.

You cannot love Jasmine because you do not forgive and love yourself. Here is proof that you are one, for if you were separate, you could hate you and love her because the two would have no relationship to one another. The relationship that you have is oneness; it is the Child of God. How you feel about that Child is how you feel about the Child in all of its seeming forms.

My Child, what you do not realize is that you are Love, and you do not realize this because you refuse to believe it. You are firm in your belief that you are hate, and yet

there is nothing that is more ridiculous. And what is true for you is true for Me and for everyone.

Study again the workbook lesson that teaches there is no cruelty in me, and as you study it this time, keep in mind that the entirety of the universe and all of God is contained within the word *me*.

There is no cruelty in God and none in me.

I choose now to put all idols and illusions aside, regardless of the form they seem to take, for all form is the same. It is a deception intended to keep me apart from my Self.

Today, I choose again. I choose to see form as *meaningless* and Love as real. I will ask Love to give meaning to form by not putting another meaning there first.

There is only one God, and all things are seen within God. All else is simply false. Today I choose Truth because I am Truth. Today I lay down my arms and choose to love my Self as Me.

July 18, 2005

Question: I am tempted to judge my own spiritual progress based on how I feel, what I think and what I do. What would you share with me regarding this temptation?

Answer: You are not delaying now as you think you are. You are merely transitioning. It is an important transition and a peaceful one. Care for the moments and let Me care for the rest.

Question: And in the moment, if I find myself angry at Jasmine or frustrated with something else, what shall I do?

Answer: Yes, you know the answer. Notice it and let it go right away, right then, in that moment, immediately. Think of it as an unwanted burden, like heavy rocks on a prisoner's back. You have within you the power to free yourself *now*. Say, "No more!" And the rocks will disappear and you will shine with the light and love of God instantly. As surely as you let it go, it will be gone. It can hinder you not.

Even this day is blessed as all days within dreams are blessed by One who comes only to bless.

Call on this One when you seem to be in pain and ask for His Blessing. He will give it. Call on this One when you seem to be in fear and ask for His Blessing. He will give it.

Call on this One when you seem to be justified in anger and ask for His Blessing. He will give it.

And call on this One in gratitude when you know His peace and His love, and He will lead you to share it.