

FREEDOM FROM THE MAZE

By Michael Langford

Once upon a time in the land of fictional stories created to illustrate certain valuable points there was a Maze on a planet called Dirt. All of the people on planet Dirt lived in the Maze. Almost none of the people on planet Dirt realized that they lived in the Maze. There was a Teacher who had successfully freed himself from the Maze. The Teacher wrote a book which was a map to show people how they could also free themselves from the Maze. The book was titled *How to Free Yourself from the Maze and Live Eternally in the Bliss of Reality*. The following are some of the essential points from that book:

To free yourself from the Maze the first two and most important steps are:

1. See that part of you does not want to be free from the Maze.
2. *Every day* see how the fact that part of you does not want to be free from the Maze affects your actions, thoughts, feelings, desires, etc.

In almost all people the desire to continue to live in the Maze is much greater than the desire to be free from the Maze and this has always been true for the entire history of the people of planet Dirt. Therefore, almost all of the books that have ever been written claiming to show the way out of the Maze do not actually show the way out of the Maze.

People like to believe that they want to be free from the Maze. This creates a demand for books that claim to be about how to be free from the Maze. However, most people do not really want to be free from the Maze. When you combine these two, the fact that most people like to believe that they want to be free from the Maze and the fact that most people do not really want to be free from the Maze, the result is that what people really want are books that claim to show the way out of the Maze that do not really show the way out of the Maze. This demand for books that claim to show the way out of the Maze that do not really show the way out of the Maze has been answered throughout the history of planet Dirt and that is why almost all of the thousands of books that have been written about how to be free from the Maze do not actually show the way out of the Maze. If you can see all of this, then you might be able to begin to see the importance of the first two steps:

1. See that part of you does not want to be free from the Maze.
2. *Every day* see how the fact that part of you does not want to be free from the Maze affects your actions, thoughts, feelings, desires, etc.

The Maze is illusion. Everything perceived in the Maze is an illusion even though it usually seems or appears to be real. All of the bodies, animals, plants,

mountains, land, clouds, sky, objects, actions, concepts, feelings, and desires that are perceived while one is living in the Maze are illusions.

Why would anyone want to be free from the Maze? Because sooner or later life in the Maze will become a sorrowful or suffering-full life and because the Reality beyond the Maze is Perfect-Infinite-Eternal-Awareness-Love-Bliss that has no suffering and no sorrow.

How to make your desire to be free from the Maze much greater than your desire to continue living in the Maze? One way to do this is by comparing life in the Maze with life in the Reality. If you go into detail looking at every negative aspect of life in the Maze and compare that with life in the Reality which is Perfect-Infinite-Eternal-Awareness-Love-Bliss, that can help to increase your desire to be free from the Maze.

The other great key is self-honesty. Be honest about the fact that part of you does not want to be free from the Maze and that the part of you that does not want to be free from the Maze is also guiding your actions, thoughts, feelings, desires, etc. Then look *every* day to see how that part of you that does not want to be free from the Maze is directing your actions, thoughts, feelings and desires to keep you in the Maze.

Make the decision to dedicate *every* moment of your life, from this moment on, to being free from the Maze. Then be very honest with yourself *every* day to see when your actions, thoughts, feelings and desires are being directed toward that goal and when your actions, thoughts, feelings and desires are not being directed toward that which will free you from the Maze. Strive each day to drop more and more of the actions, thoughts, feelings and desires that do not lead to freedom from the Maze.

See how much time you spend every day practicing the method that will free you from the Maze. Strive each day to increase the amount of time you spend practicing the method that will free you from the Maze.

Every time it seems like that part of you that does not want to be free from the Maze is winning the battle, then repeat the exercise of comparing life in the Maze to life in the Reality which is Perfect-Infinite-Eternal-Awareness-Love-Bliss and then once again make the decision to dedicate every moment of your life to practicing the method that will free you from the Maze.

If you find certain passages in a book inspire you to be dedicated to being free from the Maze and inspire you to practice the method that will free you from the Maze, then highlight those passages and reread them every time you have started to fall off the path that leads to freedom from the Maze and have begun to walk down the path of distraction.

Continue to see how that part of you that does not want to be free from the Maze

affects your actions, thoughts, feelings, desires, etc.

Continue to do whatever you can do to increase your desire for freedom from the Maze so that the part of you that does not want to be free from the Maze becomes less and less until it no longer exists.