

## Sandy Ruiz

I grew up in a Catholic household, but not to the point where it was a great force on me. We did the general things of attending Sunday Mass, confession and confirmation. Confessions after mass seem to have had the greatest impact on me at the time because I felt they were impractical and a bit intimidating at the time. It is at the beginning of my adulthood, I sought for something other. Not sure of what, but I felt a longing for Truth and for something to point me to Self.

Discovering ACIM in 2012, I attempted to study the Course alone for a short time. Finding it difficult to "make sense of" and my strong pull to it regardless, I sought out for others who also studied the Course. Upon that search I found there to be both an ACIM and an NTI group here in my hometown of Pueblo, Colorado and learned of Awakening Together and Awakening Together Sanctuary on PalTalk.

Enthusiastic of others insights in all of the **variety** of teachings, taking in informative audios of the use of inquiry and journaling, and listening to pointers to self-awareness to point me to my own clarity, I took great interest and applied to the MPP course to serve and to extend awareness closer to Truth. I am now into the second year of the MPP course.

I am a Physical Therapy Assistant. I have a thirteen year old cocker spaniel named Maggie with whom I have shared many adventures with and now in my dog's older age we love to be together with whatever comes up, whether it be a stroll in the park or just sitting and watching. Music, yoga, bike excursions around town, being with friends and family, and displays of creative energy in a variety of projects at home and in the community is just a few enjoyable things that come up to maintain balance in extending my practice and experiences in addition to work and study.

There is a wonderful gratitude in being part of this great community of Awakening Together. It is a privilege to serve in any way called for.

