

[COMET Clinical Trials](#) Learn About Trials For Men With Late Stage Prostate Cancer www.cometclinicaltrials.com/

[Hyperthermia in Frankfurt](#) Extreme heat damages cancer cells A gentle biological cancer therapy www.hyperthermie-zentrum.de

[Küchen kaufen](#) Online-Rabatt bis 15.11.2012! Traum-Küchen vergleichen & sparen. Kuechen-Kaufen.Kaeuferportal.de

[Cancer Staging System](#) Are you a Health Care Professional? Info on Cancer Staging System at inoncology.com

Explore» Health (46,880)» Diseases, Disorders and Conditions (5,729)» Cancer (832)» Alternative/Nontraditional Cancer Treatments (72) flag

How I Cured My Stage 4 Cancer In Two Weeks For Less Than The Cost Of A Night At The Movies

by [Kelley Eidem](#)
435 Followers

Ads by Google

[COMET Clinical Trials](#) www.cometclinicaltrials.com/

Learn About Trials For Men With Late Stage Prostate Cancer

Can stage 4 cancer really be easy to cure?

I'm the author of the book *The Doctor Who Cures Cancer*, but today I'd like to talk to you about my easy victory over my own Stage 4 cancer. **(Now let me address the question everyone asks...Will this recipe work for my particular type and stage of cancer?** That question is answered in the FAQ below. 1AA)

But for now, please stick with me because there's some important info you'll also want to know.

The truth is that I was only able to come up with a key part of this extremely simple cure from what I learned from writing the book.

By the way, my vision is this: **"Together we can help cure all cancer - one person at a time!"** That means you play key part in conquering cancer.

You can do that by reporting your results here. By doing that, you'll encourage others...in other words you could be saving a cancer victim's life - maybe a new one every day!

And please bear with me if at times it looks like the discussion has gone into areas that don't fit conventional wisdom. Going outside the box of what we think we know might be the best way at this point to get to a cure.

For several decades, modern medicine has tried a lot of toxic compounds, hoping to 'out-toxic' the cancer.

And sure enough, the compounds did out-toxic cancer. Unfortunately, it usually out-toxics the patient as well.

The result has been that cancer treatments are usually an expensive, painful and scary proposition. But you already knew that.

I didn't go bald or get sick to my stomach!

Fortunately, my Stage 4 cancer was none of the above for me. My advanced



Kelley Eidem, author *The Doctor Who Cures Cancer*

AdChoices

Neues Buch: Vitamin B17

Ein Ratgeber aus der Praxis nach der Dr. Puttich Krebstherapie
www.amazon.de

Ads by Google



Lumosity

cancer treatment cost less than two tickets and popcorn at the movies.

My treatment wasn't painful. And I wasn't scared...I didn't lose a minute's sleep...because I knew what to do.

If we've learned anything about treating cancer in the last 50 to 60 years it has to be this: half killing the patient isn't half way successful.

As I emphatically told a woman in my store recently, "You gotta be healthy to get well!"

In my own case, I knew by the many lesions I had that I was already sick. I didn't need someone to help make me sicker. I needed to get healthy, so I could get well.

UCLA Researchers Confirm My Method!

Maybe the best place to start with this would be to let you know that researchers at UCLA garnered lots of headlines two years ago because they had done something pretty incredible. (1)

What had the UCLA researchers done? They shrank tumors by 80% with the heat from habaneros peppers. That is quite extraordinary in terms of what is usually accomplished with toxic drugs.

It's also worth noting that in the US the State of New Mexico has the lowest cancer mortality rate of all 50 states. They probably eat more peppers in New Mexico per capita than all the other states, too.

In other words, the researchers at UCLA made a great choice in examining the anti-cancer properties of hot peppers.

My own success in curing myself with habaneros peppers preceded the UCLA researchers by seven years. And I didn't shrink my many tumors by 80%...I shrank them 100%.

UCLA's research results did confirm that my own method was an extremely powerful weapon against cancer. I'm eternally grateful for their confirmation.

But then, I used habaneros peppers PLUS two more low tech ingredients...running rings around the findings made by the UCLA guys and gals.

(By the way, if you absolutely can't tolerate peppers, you can substitute freshly grated ginger...grated daily...not from a jar!)

Research from the Universities of Michigan and Minnesota just scratch the surface of ginger's power against cancer. Not only does ginger cause cancer cell death, it also makes the cancer cells turn on themselves. Speaking technically, that means the tumors go away. (2) (3)

I Had Lesions From Top To Toe

Well, almost.

Let me start from the beginning. One morning as I was about to step into the shower, I noticed a couple of large round looking red splotches on my thigh and calf. They were about the size of a half dollar.

I wasn't sure what to make of them, but they stood out like crazy. By the next day, the two red lesions had turned brown. Only they were now accompanied by several more large red splotches.

Some were on my upper back, lower back, hips, thighs and calves on both sides of my body. Within 24 hours, they turned brown, too.

At this point, most people would probably have freaked out. I had a darn good reason not to, however. I couple years earlier, I had written a book entitled *The Doctor Who Cures Cancer*.

Gathering the research for the book gave me some critically important information that helped me to develop my own method.

I figured, if what I had was cancer, that's not a problem because curing cancer isn't as difficult as we've been led to believe.

No, I wasn't pregnant!

Many years earlier, I'd also learned that the common pregnancy tests sold in drug stores will sometimes produce a positive result if the person taking the test has cancer.

A call to the makers of one of the products confirmed that this is true: pregnancy screening tests can sometimes pick up the presence of cancer. It is well known among physicians that home pregnancy tests can show a false positive for pregnancy when the person being tested has cancer.

The test isn't real accurate if the result is negative because the test kit requires that a high threshold be met before the test will read positive.

Pregnant women easily reach the threshold, but a person with cancer doesn't

necessarily produce enough of the hormone to register on the test kit.

But if the kit does show "positive" in a non-pregnant person, it is highly accurate for uncovering cancer.

It seemed to me that it was worth a shot as a screening mechanism. Since I am a male, a positive test result would tell me what I needed to know.

I did the test, and sure enough, the 'pregnancy' test result came up positive. You might be wondering why a pregnancy test would read positive.

I'm glad you asked. ;-) Pregnancy tests screen for the presence of a hormone called HCGH (human chorionic gonaditrophin hormone.)

It's the same hormone that is elevated in cancer patients. But in most cases the level in cancer patients aren't high enough to trigger a positive test result.

Down below will be listed information on a more sophisticated pregnancy test that's about 97% accurate for detecting cancer. I'll tell you more about that test in a minute.

Pregnancy kit 'says' I'm pregnant!

In my case, my HCGH was high enough to score positive on the test. So there I was, a man, with more than a dozen large lesions AND a positive pregnancy test result!

There was no point for me to go to a physician at that point, because (a) I had no insurance, and far more importantly, (b) chemo sucks in treating solid mass tumors, and I had more than a dozen visible tumors! There's no telling how many tumors there might have been hidden within my body.

Then there was reason (C) for not going to see a physician!!! The first thing the doctor would have wanted to do would be to cut out a portion of one of the lesions to have it examined by a pathologist.

I had learned something profound when writing *The Doctor Who Cures Cancer* which was later confirmed in a book about Judah Folkman, M.D., (inventor of Angiostatin) that the act of cutting out a portion of a tumor activates more tumors to sprout wings.

(Continued in the next module below...)

Stage 4 cancer cure, Part 2

It seemed to me that there were too many tumors raging already to let anyone cut on me spurring further growth.

Here's a real brief recipe list here.

(1) Grate one habanero pepper each day, putting it on bread. Yes, you use the seeds. (2) Grate two cloves of garlic each day, putting them on bread and covering with butter. (3) One tablespoon of Emulsified cod liver oil once or twice each day.* TwinLabs makes some wonderfully flavored cod liver oil.

The cod liver oil is not put on the sandwich. One serving of the oil may be taken before or after eating the sandwich with the same meal

I used the cod liver oil because I was not losing any weight or dealing with fluid retention. If I had either of those conditions, I would have used evening primrose oil or borage oil instead of the emulsified cod liver oil, taking 6,000 mgs a day in divided doses.*

(4) Smother the grated garlic and habaneros peppers with real butter and eat it. Organic or raw butter is best. No margarines of any type, including Smart Balance, etc.

If hot peppers didn't agree with me, then ginger is what I would use - and yes I trust the ginger just as much as the habanero to do the job.

That's it!

* The best way to determine which oil I would use can be determined easily if there is pain. In fact there are two ways. One way would be to drink a cup of black coffee with two boiled eggs. (boiled only.) If that made me feel worse, I'd take 1 or 2 tablespoons of emulsified cod liver oil. If the coffee and eggs made me feel better, I'd take 6,000 mgs of borage oil or evening primrose oil.

The potent active ingredients from the peppers and the garlic disperse quickly. So

they must be grated each day, and eaten immediately.

You're probably thinking, whoa that's gotta be hot!

Yes, it is. And it will make you breathe deeply! That's a good thing, because heavy breathing pumps the lymph system. As you know, cancer cells often gather there.

What I did was put the habaneros and the garlic on one side of the bread and folded it over. Plus, it's handy to have another half slice at the ready to cut the burning sensation in my mouth.

So let yourself breathe deeply for a minute or two and then eat the extra half slice of bread.

Let me say a word or two about the bread. I used Ezekiel spouted bread. You can get it in the freezer section of health food stores and at Publix.

Yes, it costs about \$5.00. But keep in mind that all the ingredients together won't cost you more than \$20.

Can you use another bread? Maybe. Or maybe not. It is what I used, and I don't like to mess with the success I had.

How well did this recipe of mine work?

All of my lesions went away in about four or five days. I had a dozen or more, so that was pretty good, if you ask me.

Since I wasn't fond of the peppers and garlic (LOL!) I quit after the fifth or sixth day.

A few days later, three or four lesions came back. So I went back on the three part recipe. The lesions vanished once again in about four days.

After that, I continued to take the emulsified cod liver oil for about six months. On occasion I take another bottle of the cod liver oil. And I take fish oil sporadically.

This episode of my raging cancer took place around October of 1998 as best that I can recall. No lesion has returned since that time.

It's working for others, too!

Here's a comment given below from a woman who has tried my cure for two weeks:

"I wanted to make sure and report back to you after having followed your protocol for two weeks. I am SO PLEASED to say that the (stabbing, knife piercing) pains in my right breast are completely gone, and so is the lump!"

When you look at the possibility of being cancer free in two weeks - maybe sooner or maybe longer - you have nothing to lose and everything to gain. This works...it really works.

You can pick up 2/3's of your cure at the grocery store.

In the first part of this two-part article I mentioned that researchers from UCLA used peppers to shrink tumors 80%. Here's something to keep in mind about that.

The researchers don't have a patent on peppers or garlic. The peppers are available at many grocery stores. Garlic is available at every grocery store in the United States, and probably the world over.

The point I'm making is that you have access to these ingredients, and you don't need a lab coat or a university degree to buy them.

Here's the info on the more sophisticated HCGH test:

The sophisticated test was developed by a Philippine Dr. Manuel D. Navarro in the late 1950's! His son, Dr. Efren Navarro, continues to analyze the test results. The test is called the "HCG Urine Immunoassay."

This HCG test can find cancer 12 to 27 months before other kinds of testing depending on the type of cancer.

When I checked into this two years ago, the test cost about \$50. To find out more, call Erlinda Suarez at (847) 359-3634.

The address is 631 Peregrine Dr., Palatine, IL 60067.

Please be aware that the turn around time for the test is about 10 days.

The best to you.

Kelley Eidem

PS. Have you emailed this to your buddies yet? :-) "Thumbs Up" and comments also appreciated.

UPDATE: This article is starting to get "Stumbled Upon." If you know how to do that, please go ahead and "Stumble" this, so that we can help more people who have cancer. Thanks...you're the best!

UPDATE: Here are some exciting comments posted below from two cancer patients who tried my recipe. It looks like they might be curing themselves!

#1 - "I wanted to make sure and report back to you after having followed your protocol for two weeks. I am SO PLEASED to say that the (stabbing, knife piercing) pains in my right breast are completely gone, and so is the lump! Kelley, this is so exciting for me! God bless you and thank you, thank you!"

#2 - "I was diagnosed with Stage 3 colorectal cancer (June 31) and a 10 inch (25cm) tumor. I felt terrible (painfully tired, bloody stool, flatulence, etc.). I submitted to 3 days of chemo and 13 out of 28 radiation treatments before I stopped.

"I don't know what the tumor is doing, but for the last three days I have been eating the buttered bread with habaneros pepper tincture. For the last seven days I have been using a sodium bicarbonate enema as well.

"Since starting the pepper bread I have never felt better, at least not in many months. The fatigue and pain are gone. I also started to crave the pepper bread. I was also taking 10 adjuvant food supplements a Harvard oncologist had recommended specifically for colorectal cancer, but I never felt really good until the pepper bread.

"There is a definite positive difference from the pepper bread than no other food, supplement, or treatment gave me. I will be continuing it indefinitely."

I look forward to adding your results here. Each new cure inspires more cancer patients to save their own lives.

You've got questions!

1AA - Has your recipe cured my type of cancer?

I have some great news for you. Doctors and TV have miseducated us into thinking there are over 100 types of cancer. There is only one true cancer cell. That means all true cancer cells are identical. They look different only due to the involved tissue.

Doctors call true cancer cells "highly undifferentiated." IOW, they are looking at a real cancer cell but don't know it because in their mind they think it is supposed to look different!

So you can take heart when you read about any of the accounts here. A colon cancer is a breast cancer is a leukemia etc, etc, etc. There is no difference between any of those cancers other than the involved non cancerous tissue and the surrounding pH. Yes, the cancer cells will distort the way the particular tissue or organ looks like. But the cancer is the same.

The Stage numbers given to cancer (I, II, III, IV) are merely describing how much cancer there is and how far it has spread. Staging doesn't change the nature of the actual cancer cells on iota - there are just more of them.

1A - Can I email you?

Please don't email me with your questions about my recipe or about your situation.

Ask your questions here. When you ask them here, it raises this webpage in the Google rankings, so it makes it easier for others who are searching for answers to find out about my recipe.

Also readers learn from your input. That can't happen if you email me.

#1 Can you substitute "x" for one of the ingredients?

This is the recipe I used. It worked. Will your substitution work? Maybe or maybe not. One substitution that worked for one man was to substitute drained yogurt for the butter.

Some people ask me if they can use coconut oil in place of butter. Maybe. I would suggest you read the previous paragraph where it says, "Will your substitution work? Maybe or maybe not."

Fermented yogurt might be catabolic because fermented cheeses are catabolic. So I might substitute PLAIN yogurt (with live culture not Yoplait or some other crappy yogurt.) if I were too anabolic. Columbo is a good brand. Stoney Field is another.

#2 I can't find (or tolerate) habaneros peppers, what do you do then?

Ginger is a great alternative. Some people with Type A blood should probably avoid hot peppers of any type, according to the book *Eat Right 4 Your Type*.

If I couldn't find habaneros. I would ask the grocer for the next hottest pepper and add some ginger to the mix.

#3 How much do you take of each one?

I would grate 1 habaneros pepper and 2 cloves of garlic each day. If I needed the emulsified cod liver oil, I would take 1 to 2 tablespoons a day.

If I needed the evening primrose oil **instead** of the cod liver oil, I'd start with 3,000 mgs and build up to 6,000 mg in divided doses.

If I were using freshly grated ginger in place the habanero peppers, I'd use at least an inch if the root were thick and two inches if the root was smaller.

#4 How do you know which oil to take?

If I had weight loss and/or fluid retention, or sunken eyes **due to my illness**, I would use the evening primrose oil. Otherwise, I'd take the emulsified cod liver oil.

If I had pain, I'd eat 2 boiled eggs and drink a cup of black coffee when I had the pain, and would observe if my pain lessend or worsened. If it lessened, I'd use evening primrose oil. If it worsened, I'd use the emulsified cod liver oil.

#5 Do you use both oils, maybe at different times of the day.

I would NOT do that. I took the oil to balance an imbalance. Taking both won't do that. I would use only one oil or the other based on which one I needed to balance by metabolism.

#6 Can you use non emulsified cod liver oil? Can I subsitute flax oil or hemp oil for the cod liver oil?

I would only do that if I couldn't get the emulsified version. It is widely available in the US. Every health food store has it.

The plant based oils are not good substitutes for the cod liver oil.

#7 Can you take this if you don't have cancer?

I sure don't. It's reserved for if I were to get sick. I don't have a problem if someone wanted to do it for a few days as a preventative. I used much milder peppers a few times a few as a preventative.

#8 Is this a Two Week recipe?

No, it's not. I ate my recipe for two weeks because that is how long it took. If I had cancer again, I'd do it for as long as it took to get rid of it, whether that is one week, or months. By the way, I continued with the oil for six months to make sure my metabolism was balanced.

#9 If can't see your tumors how do you tell if it is working?

If I noticed I was feeling better, that would be a positive feedback loop for me. One exception is what is called the Herxheimer Reaction. That's a temporary reaction of the body sloughing off bad stuff. I'd go slower using a smaller dose, if that happened to me.

#10 What if your bloodwork result is greatly elevated after starting with the recipe?

I'd celebrate, if I was feeling better or observing tumor shrinkage. Some blood tests measure for antigens in the blood. The bloodstream is the main way the dead cells are going to be kicked out. That's going to elevate the results for a while...just like chemo will elevate the numbers for a while.

If my numbers were elevated and my tumor were growing or if I was generally feeling worse, then I'd change the oil I was using IF I'd been consistent in following the recipe.

The best to you.

Kelley Eidem Together we can cure cancer - one person at a time!

November 15, 2010 Update: In the comments section you'll see me referring to urine pH and to "anabolic" and "catabolic." I have since learned that the urine pH test (not the pregnancy test discussed above) in isolation isn't always an accurate measure of whether one is too anabolic or too catabolic. It often is accurate on its own, but sometimes you need other tests in combination to confirm it.

Because of this complicating factor, I would not longer use the urine pH to determine which oil I'd want to use.

Every person with cancer has either an anabolic or a catabolic imbalance, and the Urine pH will help to reveal its presence. It's just not always indicative of which type of imbalance exists in the tumor itself. Because of that, I would only use the urine pH test to tell me when my metabolism is balanced once again, not to tell me which specific imbalance I actually have.

If I'm too anabolic, I would still want to use emulsified cod liver oil. And if I were too catabolic, I'd still want to use borage oil or evening primrose oil.

The Revici Clinic would be better able to distinguish the direction of the imbalance in complicated cases. **I'd rely on the coffee and boiled eggs test to tell me**

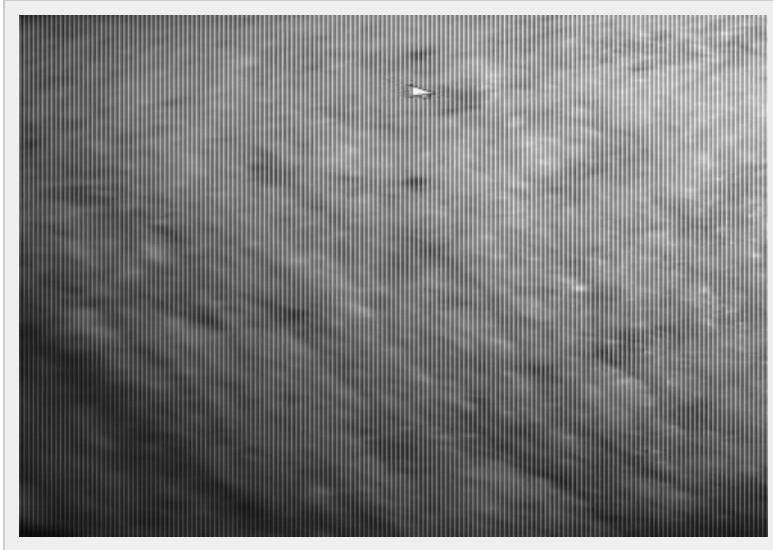
whether my imbalance was too anabolic or catabolic if I had pain.

Having one of the two imbalances is a precondition to getting cancer. If one has one of the two imbalances, it does not mean you have cancer - it's just a required precondition.

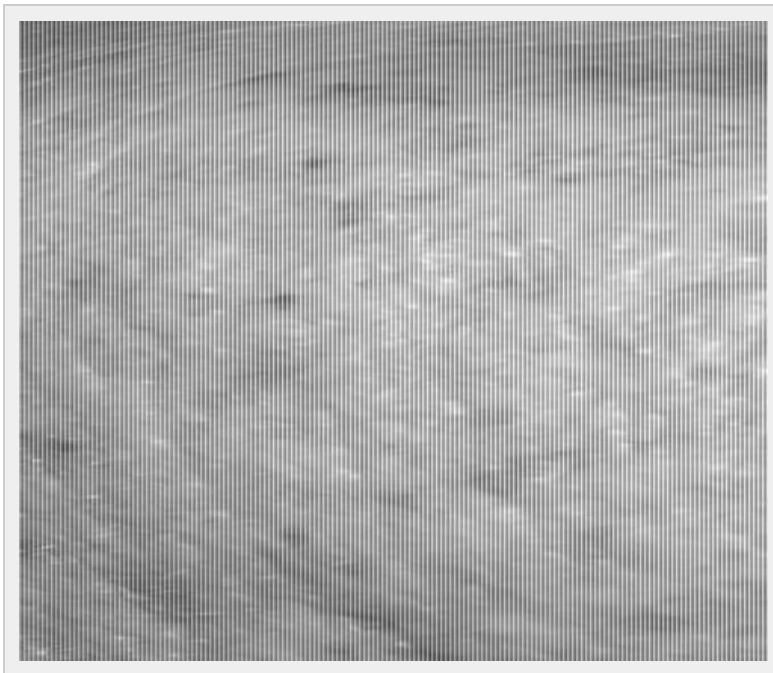
If you're reading this after November 15, 2010, just compute how many months or years you're out from that date to determine which comments come after that date.

If you have any questions about this, please ask. I will subsequently create a second FAQ here based on those questions in addition to answering them individually.

Before and After Photos



Day 1 Photo courtesy "Born Free"



Day 17 Photo courtesy "Born Free"

MY FAVORITE BOOKS ;-)



[The Doctor Who Cures Cancer](#)

Save 42% for a limited time.

Amazon Price: \$15.75
List Price: \$27.00



[The Doctor Who Cures Cancer](#)

(Now on sale for only \$3.99 for a limited time.)

Amazon Price: \$9.99

Supplements I really, really love at really, really low prices

[Lumina Health Products - Cellfood Multivitamin, 1 fl oz spray](#)

Amazon Price: \$18.34
List Price: \$38.69

[Cellfood 3 Bottles](#)

Amazon Price: \$58.95
List Price: \$104.99

[Concentrace Trace Mineral Drops](#)

Amazon Price: \$34.00

Ads by Google

\$698 Whole Human Exome www.otogenetics.com
\$698/1st Sample, \$998 Reg Price HiSeq2000 (2x100) Agilent (51M)kits


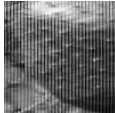
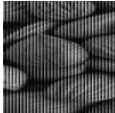
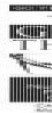
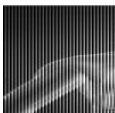

Hyperthermia in Frankfurt www.hyperthermie-zentrum.de
Extreme heat damages cancer cells A gentle biological cancer therapy

Neues Buch: Vitamin B17 www.amazon.de
Ein Ratgeber aus der Praxis nach der Dr. Puttich Krebstherapie

This Hub was last updated on October 11, 2012


  Useful {218} • Funny {27} • Awesome {129} • Beautiful {39} • Interesting {54}

Discover More Hubs

 <p>AVOCADO CURES PROSTATE CANCER, ORAL CANCER AND HELPS DIABETES</p>	 <p>Does Graviola Cure Cancer?</p>
 <p>Natural cures for cancer</p>	 <p>Alternative cancer treatment : Gerson Therapy</p>
 <p>Various Reasons for liver Cancer</p>	 <p>Does Your Saliva Cure Cancer?</p>

Comments 6745 comments

[Follow \(89\)](#)

 [Kelley Eidem](#) 7 hours ago from Panama City, FL **Hub Author**

Hi somensinha,

There are many ways to cure cancer. I would use the Zago recipe with full confidence as a very effective cancer cure.

The premade Zago recipe is certainly pricey. But you can make it yourself for much less - a fraction of the cost if the cost is an issue.

I'd feel confident using aloe vera in place of the aloe arborensis (sp?) because aloe vera is a known cancer fighter.

The Recipe is available through Google. Since the company is in the US (or Canada?), yes there would be considerable shipping costs involved if it is being shipped half way around the world.

The correct dose is a tablespoon three times a day rather than a

teaspoon. If I said otherwise, that is a mistake.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!



[somensinha](#) 14 hours ago

Hi Kelley

Your book just reached to my home and i have just started reading it.

Recently I have seen that your are also suggesting Zago Aloe recipe if some one can not take sandwich.

My Sisters Son started taking sandwich and also facing problem related to hot peeper .

Is this Zago Aloe recipe will be as effective as Peeper+Garlic+oil , i mean to say will it help to cure cancer or it is only supplement.

You have suggested one teaspoon thrice daily but their site telling 2 teaspoon thrice daily which one to follow(if some one follow).

Do you know any Indian Supplier of Zago Aloe recipe because they are about to charge huge dollars for shipping.

Pls reply.

Thanks

Somen



[Kelley Eidem](#) 46 hours ago from Panama City, FL

Hub Author

Hi nmansour,

First I would stop the cod liver oil immediately in I had fluid retention like your father's, and change to either borage oil or evening primrose oil.

Second, I would not be using capsules but freshly grated hot peppers and freshly grated garlic (or a homemade tincture.)

Hot peppers are GREAT for the liver if they are eaten rather than swallowed as capsules. The saliva coats the hot stuff and the heat prevents too many from being eaten.

But capsules open up in the stomach or intestine with no saliva. Ouch that can hurt!

Saliva might also have a very positive effect on cancer by increasing amylase, so any food that increases saliva production is a good thing.

The same holds true for the garlic or ginger if that is used. I would use freshly grated peppers, garlic, and or ginger or make a tincture of any or all.

I'd also order several bottles or boxes of Bio EnR-Gy vitaman C or Lypo-Spheric vitamin C (overnighted if possible.) With the Bio C I'd take two teaspoons three times a day with water.

With Lypo-C, I'd build up to 2 packets every 2 hours in water.

Also important is rebuilding the nutrients in the body since pancreatic patients are often unable if eat much if anything. So I'd also overnight ship a few bottles of Cellfood (original formula or multivitamin formula) and take it as directed on the bottle. See the link above or order from another source if Amazon doesn't ship to India (maybe they do?)

If I couldn't eat the sandwich, I'd look up the Zago aloe recipe. Google this: free zago aloe. The advantage of this recipe is that it takes only one tablespoon three times a day. It also comes premade for a stiff price of \$70 a bottle. One bottle lasts 10 days.

The healing can take place fast once the body's vitality is restored. Otherwise it can take a lot longer. It's okay to eliminate cancer slowly because releasing too much too fast can be hard on the kidney's . But rebuilding the vitality helps in any case.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!



[nmansour](#) 47 hours ago

Dear Kelley,

First I'd like to thank you for all of the great posts and emails and postings. I need you advice urgently. My Dad has Pancreatic Cancer that metastasized to the liver and the liver is really in bad shape, my dad's health is deteriorating, he has edema in his hand and lower part of the body, fluids in his abdomen, bilirubin rising, albumin going down. I tried to get him started on the sandwich diet but he can't bare hot peppers, so I got him the components in tablets: 40,000 SHU Cayenne Pepper capsules, Cod Liver Oil soft gel tabs, Garlic soft gel tabs, and he started taking it for three days now, he takes 1 Cod Liver Oil tab and 3 garlic tabs (recommended dose) per day, for the Cayenne Pepper capsules, I started by 4 for the first day, then 6 or 7 on the second day, then 10 now on the third day which is equal to 400,000 SHU. Today I have read that excess usage of Capsaicin may cause liver damage which is already damaged. Can you please tell me your recommendation of how much to use per day.

I forgot to tell you that my dad is not going through any conventional treatment as when we discovered his cancer it was too late to have Chemo or Radiation.

Please feel free to suggest whatever, we are open, praying, hoping that my dad gets better, we are in extreme measures case and we ready to do anything.

Finally Happy 90th Birthday for your Dad.

I'll be waiting for your reply.

Thank you and best regards



[Kelley Eidem](#) 2 days ago from Panama City, FL

Hub Author

Hi Irene,

Thank you so much for checking back in to let us know how you are doing! I would have replied sooner, but I was visiting my Dad, and his computer had slowed to a crawl.

It's so wonderful to learn that you are doing so well

You've surely saved at least one life with your actions.

If I were concerned about a relapse, I'd eat the sandwich maybe once a month or a little more often. The beautiful thing is that if my cancer ever comes back, I could always go back to daily consumption.

I can also monitor my urine pH whenever I suspect it needs to be done.

There is nothing to fear. The tools are always readily available to remedy the situation if need be.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!



[Kelley Eidem](#) 2 days ago from Panama City, FL

Hub Author

Hi everyone,

I hope you noticed Irene's comments from 4 days prior to this one. Here it is again in case you missed it:

Hi Kelley,

I was treated for aggressive breast cancer three years ago with heavy lymph involvement. I started using your sandwich during treatment and the tumors resolved very quickly, and I'm still here today! I do a lot of other natural and metabolic therapies since then as well, but I feel that all

of the peppers and garlic helped me a lot. I think in my case it would be wise for me to assume my cancer cells had spread all over and I'll need to treat this as an ongoing chronic condition to prevent mets from popping up some day. What are your suggestions to survivors for using the peppers/garlic for maintenance and prevention, how much and how often?

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!



[Kelley Eidem](#) 2 days ago from Panama City, FL

Hub Author

Hi Sundeep.

I would stop the cod liver oil and change to either borage oil or evening primrose oil while continuing to monitor my urine pH 4 times a day to see if the change improved my pH readings.

If they intensified the pain, I'd immediately go back to the cod liver oil.

The amount of the oil that I would use is about 1,000 mgs three times a day rather than once a day. If I could tolerate 2,000 three times a day, I would do that - but I wouldn't force it.

Here is a test would to on my pain to help me decide which oil to use. I'd also take 50 drops of soy sauce in water to see if that reduced my pain. If it did, I'd be sure to be taking borage or evening primrose oil and not cod liver oil.

If the pain worsened than I'd take 2,000 mgs of cod liver oil immediately, and continue with 1,000 mgs 3 times a day.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.



[Kelley Eidem](#) 2 days ago from Panama City, FL

Hub Author

Hi Joellen,

What I would do if it were me would be to start taking emulsified cod liver oil while continuing to monitor my urine pH 4 times a day.

Then I'd watch to see if the oil was bringing me towards balanced readings or not. Then I would adjust accordingly.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.

Sundeep 2 days ago

Hi Kelley,

I have started using Ginger & Garlic Paste Sandwich for my father since 7 days, he is taking 2-3 Garlic with Ginger along with Cod Liver Oil [I am giving him two Softgel of 415 mg] since Emulsified Cod Liver Oil I could not get it, so I am using two Softgel [Sufficient Qty.??]

Since He is not having much improvement in pain part, I would be happy if you can guide me.

His Urine Ph ranges from 7 to 8

Thank You



[Vijayalakshmi k](#) 2 days ago

Dear Kelly!

Is your computer problem fixed? We are missing you.

Vijayalakshmi

Joellen 4 days ago

Really confused about which oik to take...a 24 hour urine test shows I am too catabolic. But I have no weight loss or gain. No pain. Appetite unchanged. Urine ph usually acidic. Those lack of symptoms seem to imply anabolic...but test shows catabolic. I have one liver metastasis from breast cancer. Don't know what to do.



[Kelley Eidem](#) 5 days ago from Panama City, FL

Hub Author

Computer down. Cellphone keyboard too small to type. Check back Tuesday.

Harsh Vardhan Verma 5 days ago

Hi kelley I found a good chart of daily consumables and their effect on body, just wanted to share: <https://docs.google.com/open?id=0B7CLMXFhTGIOSXpmO>

Thank you

Harsh

Irene 6 days ago

Hi Kelley,

I was treated for aggressive breast cancer three years ago with heavy lymph involvement. I started using your sandwich during treatment and the tumors resolved very quickly, and I'm still here today! I do a lot of other natural and metabolic therapies since then as well, but I feel that all of the peppers and garlic helped me a lot. I think in my case it would be wise for me to assume my cancer cells had spread all over and I'll need to treat this as an ongoing chronic condition to prevent mets from popping up some day. What are your suggestions to survivors for using the peppers/garlic for maintenance and prevention, how much and how often?



[Kelley Eidem](#) 7 days ago from Panama City, FL

Hub Author

Hi Rupinder,

I actually replied to your query yesterday. Here it is again:

I would follow my recipe if I were in your wife's situation.

I would use cod liver oil if there was no weight loss from my cancer. Otherwise, I'd use evening primrose oil or borage oil.

I'd also stop any chemo permanently. Chemo promotes cancer, just like what your wife has in her liver.

Since chemo destroys nutrition and our ability to absorb it, I'd get some Cellfood and some Bio EnR-Gy vitamin C. It take 2 teaspoons of the C three times a day. Use the chemo money top buy the stuff that might save her. For sure the chemo will not.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!

rupinder 7 days ago

Hi Kelly,

my wife had breast cancer 3 yr ago did surgery did chemo, radiation

but know it came back and has spread in the liver metastatis breast cancer, tried 1 more chemo but tumor got bigger , started new chemo but after 1st blood count is too low for next , giving her fresh tumeric and cod liver oil every day. has no weight loss

please help



[Kelley Eidem](#) 8 days ago from Panama City, FL

Hub Author

Hi Somen,

Thank you for ordering my book! It's wonderful to know there are so many readers in places like India, Hong Kong, Malaysia, the Philippines, New Zealand, and Australia who have read it.

(Ten thousand copies were sold in Russia, too, without my knowledge, but that is another story. ;-/)

I'd start with regular cod liver oil until I could get the emulsified cod liver oil.

It's okay to combine another type of hot pepper other than habanero with the garlic and ginger if you wanted to. In some places in India, there is the bhut jolokia, that is even hotter than the habanero. Otherwise, I'd simply find the hottest pepper I could.

I don't know how much it would weigh, but I'd grate 2.5 cm to 5 cm depending how thick the ginger is.

I would also avoid any and all chemo. It never works in a case that has spread like you've described, but it will often kill a person sooner than if they had no chemo at all.

I'd also order some Cellfood (see the link above if Amazon will ship to India) And several bottles of Bio EnR-Gy vitamin C and would take 2 teaspoons three times a day in water.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!



[somensinha](#) 8 days ago

Dear Kelly

Today I have ordered your The Doctor Who Cures Cancer paper book edition to know the details .

My Sisters Son is 17 Years Old and has Stage 4 Synovial Sarcoma with lung metastasis ,as per doctors there is no hope. One round chemo for 4 days with ifosamide already done.

Now apart from chemo I want to start your recipe-- Ginger + Garlic at once.

As we are from India we do not have Habanero peeper and immedialy available emulsified cod liver oil .

Can I start Ginger + Garlic without Cod liver oil regularly ?

Pls also suggest quantity of Ginger(2 gm , 3gm or 4 gm per day)

Thanks

Somen Sinha



[Kelley Eidem](#) 8 days ago from Panama City, FL

Hub Author

Hi Harsh,

I'd want to gain back at least some of the muscle weight I had lost.

So, I'd just take 1,000 or 2,000 mgs a day while watching the urine pH. Obviously if it took things out of balance, I would stop and change to cod liver oil.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!

[rupinder](#) 8 days ago

my wife had breast cancer 3 yr ago did surgery did chemo, radiation

but know it came back and has spread in the liver , tried 1 more chemo but tumor got bigger , started new chemo but after 1st blood count is too low for next , giving her fresh tumeric and cod liver oil every day

please help



[Kelley Eidem](#) 9 days ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

I really couldn't say which oil at this point.

If I had weight loss due to my cancer, I'd go with borage or evening primrose oil. I'm hesitate to go with the cod liver oil if I had readings like yours.

Taking a break one day a week from the sandwich is something I would do at this point after 5 months.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a very limited time for only \$3.99!

PS. Hey everyone, have you Pinned this on Pinterest yet? :-)



[Vijayalakshmi k](#) 9 days ago

Sorry Kelly I am disturbing you!

Till we arrive a conclusion, which oil should be taken, shall I continue the GINGER+GARLIC paste? I am taking this for past five months!

Thank U

Vijayalakshmi



[Vijayalakshmi k](#) 9 days ago

Dear Kelley!

Before stopping the cod liver oil, the ph readings are also around 7

I have taken Readings for only a day before stopping.

8 am: 6.5 (Cod liver oil oil was used)

12 noon : 6.5 (Cod liver oil oil was used)

5. pm : 7.5 (Cod liver oil oil was used)

7 p.m : 7.5 (Cod liver oil oil was used)

From tomorrow I will stop all alkaline juices.

Thank U

Vijayalakshmi



[Kelley Eidem](#) 9 days ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

Those reading are too high. Half the readings need to be below 6.2. I would guess that I would want to take either evening primrose oil or borage oil if it were me, but I can't tell for sure because no oil was taken during the time period you specified.

All those alkalizing foods might not be a good idea. If my readings were as high as yours, I would not be trying to alkalize as it could promote cancer growth.

What were your readings before the cod liver oil was stopped?

Also, here is the format I'd like you to use as an example. It is very minimal. Don't add anything to the format.

7.0, 7.0, 7.5, 7.5 _____ oil (was used)

6.5, 7.0, 7.5, 7.5 _____ oil (was used)

6.5, 7.0, 7.5, 8.0 _____ oil (was used)

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment and accept donations.



[Vijayalakshmi k](#) 9 days ago

Dear Shri Kelly!

You have asked for ph readings, line by line clearly. Since the ph papers shows erotic readings, I have stopped cod liver oil for the past three days, but taking ginger+garlic paste.

After stopping the cod liver oil, the readings are:

Day 1. Morning eight . 7.0, noon (2 pm) 7.0, Evening (5 pm): 7.5

Day 2. Morning eight . 7.0,noon (2 pm) 7.0, Evening (5 pm): 7.5

day 3 Morning eight . noon (2 pm) 7.0, Evening (5 pm): 7.5

Night readings (8 pm) for all the days is also 7.5

1. As I said earlier, since I do not have pain ANYWHERE, I could not go for egg+coffee test. Without any oil, I am feeling fine.

2. Shall I resume cod liver oil (or) I do not require any oil, as I am already balanced? Or I have to switch over to borage oil?

3. Since my urine ph is around 7.0 to 7.5, I am confused. For your kind information, morning around seven o'clock ,I take 200 ml carrot juice, noon sweet lime juice 150 ml, evening Pomogranate juice 200 and three date fruits. Al are alkaline. The increased (or) good ph readings are due to this juices?

4. 10 days of Lipo Vit -c has changed and cleared my head. No mood swinging or crying. Thank you so much kelly. My mind is in total control. I could take only two sachet a day and I intend to continue for another 20 days.

5. Please guide.

Vijayalakshmi



[Kelley Eidem](#) 10 days ago from Panama City, FL

Hub Author

Hi nadalam,

If I had what your mother has, I'd start on my recipe right away. Hot peppers provide fantastic pain relief for stomach cancers.

A man in Israel with early stage stomach cancer used my recipe the week of his surgery. When he arrived for the surgery his cancer was gone.

He put the hot stuff in yogurt rather than on bread with butter.

I don't talk about diet because different people do better with different diets. I would avoid foods with unnatural chemicals in them as well as refined foods, sugar, artificial sweeteners.

My book, The Doctor Who Cures Cancer, has two categories of foods to help a person to concentrate on eating more of the best foods for them and less of the foods that would promote their cancer.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!

PS. Hey everyone, have you Pinned this on Pinterest yet? :-)



[nadalam](#) 10 days ago

hi kelly,

My mother is diagnosed with stomach cancer with metastasis to ovary and lungs. What do u suggest? She also has active gastritis. Please help.

nadalam 10 days ago

hi kelly,

My mother's been diagnosed with stomach cancer with metastasis to ovary and lungs. What kind of diet u suggest? She also has active gastritis. Please help.

Harsh Vardhan Verma 12 days ago

If anybody in India (near Delhi region) is able to get habenero pepper or bhut-jolikia, please help me getting it too,

Thanx

Harsh Vardhan Verma



[Kelley Eidem](#) 13 days ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

Could you give me your readings for the last three days with each day on a separate line? Next to each line tell me which oil your took and when you took it.

Another option would be to eat two boiled eggs and drink a cup of black coffee to see if it reduces the pain or increases it. If it decreases, then I would take evening primrose oil or borage oil. If my pain increased, I'd take cod liver oil.

The best to you.

Kelley Eidem

Using the "Pin It" button on your upper right can save a life.



[Vijayalakshmi k](#) 13 days ago

Dear kelley!

This is Vijayalakshmi. From yesterday evening I am testing urine ph.

Yesterday evening by 5 pm, it was 7.2 (This is from laboratory), To day morning 6.5, noon 6.5 now (just two minutes back) 6.5. (All these are from ph papers). In general my readings are around 6.5 to 7.0. (since the urine ph papers are not narrow readings.) Just 5,6,7,8 etc.

The oil I am taking (emulsified Cod liver oil) is correct?

Thank U

Vijayalakshmi



[Kelley Eidem](#) 13 days ago from Panama City, FL

Hub Author

Hi Sundeep,

I'd use evening primrose oil or borage oil if my cancer was causing me to lose weight. In that case, I would not use the cod liver oil.

The coffee and boiled egg assessment is used to see how it affects one's pain. So it is eaten when a person is feeling pain. If the pain lessens, then I would use evening primrose oil or borage oil. If my pain got worse, I'd use cod liver oil.

I'd also look at my urine pH readings to see if the oil moved me closer to balance or not. Remember, the balance point is 6.2 pH. I'd want to get my readings below that number half the time.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!

PS. Hey everyone, have you Pinned this on Pinterest yet? :-)

sundeep 13 days ago

Hi kelley,

I have posted a request on hub page two days ago.i can see on hub

page my sincere request to you to kindly guide me.

I have started from today papper garlic sandwich my father is feeling somewhat better.i am confused between cod liver oil and evenprime roae il. His present urine ph is 7.5 to 8.

I cant test with boil egg and. black coffee.

Is there any method to judge.

Thanks



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi shlokbhatia,

It's great to hear that your chest pain is gone in just two days and that you feel really great! Five days ago you wrote to let us know you were depressed (rightfully so!) Now you have a new lease on life.

Hey folks, this stuff works!! :-)

As for getting the Zymessence and the Bio EnR-Gy, etc. There might be other suppliers that will ship to India.

Lypo-Spheric vitamin C is also a great alternative, and is available from various countries. There is a list on the livonlabs.com website. It might also be shipped from the US from some distributors.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a very limited time for only \$3.99!

PS. Hey everyone, have you Pinned this on Pinterest yet? :-)



[shlokbhatia](#) 2 weeks ago

Hi Kelley,

For the first two days I switched to a catabolic diet being anabolic. I started taking the cod liver oil capsules since yesterday. Today I have ordered the cod liver oil as well. And I also ate the pepper garlic butter sandwich. I really feel great today. There is no pain in my chest.

I want to order Lypo Spheric Vitamin C, Cellfood, and Zymessence as an additional artillery to fight my cancer. Being in India these are difficult to get and I am not sure whether amazon delivers it in India? I enrolled on amazon site but they say it is not possible!

Do you have any suggestions? I have also made my mind to discontinue the chemotherapy and go for treatment based on Dr. Revici's principles.

Sundeep 2 weeks ago

Hi Kelley,

I am going through ur very enlighting book. which i have received few days ago.

well kelley my father is down with Ca.Urinary Bladder for which he underwent surgery in May 2012.

Now since he has developed pain in back which radiates to Left leg, this pain is very bad at times.his recent PET Ct shows Metastasis lesion in Lt.Iliac Crest.Dr. Has asked for chemo but i am not in favour of giving.

i have checked his urine Ph many times his reading varies between 7 to 8.5

i would be happy if you can guide me a receipe for pain, he has lost 3-4 kg of weight and feels weak too. if sandwich receipe or sinus buster can be of any help for reducing pain.

His main concern right now is pain which is unbearable at age of 78 yrs.

i would be thankful to you if you can guide me.

Thanks Again.



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Sara,

I did reply to your previous messages. Here it is again for you:

If my six-year-old had a brain stem tumor, I would start giving him the Zago aloe recipe since it is made with raw honey. You can find the recipe by doing a Google search for "free Zago recipe."

It is made of just three things: aloe leaves, honey and a little brandy. Each serving would only have a tiny amount of brandy in it. The brandy helps to convert one of the constituents into a beneficial compound. Or it could be made without brandy.

My book is available from Amazon.com. Thanks for asking.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment and accept donations.

sara 2 weeks ago

Dear Kelley Eidem! Could you give me advice about my 6 year old son? (the question about brain tumor) I am so scared! I am really desperate for your advice. I ordered your book.



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Weetbix,

It's pretty fantastic to hear that you are doing so well and feel so happy after a diagnosis of prostate cancer that had spread to your 12th thoracic bone in your spine!

According to the way Prostate cancer is staged, when there is bone involvement at a distant point, it is considered to have been Stage 4. And now you are doing quite well!

Awesome!

And congratulations.

Radiation can't clear up cancer in the prostate and in the spine. It's done simply to lower pain levels. Nor will radiation induce normal liver and kidney readings.

I wonder what did all those things. Hmm. :-)

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment and accept donations.

Weetbix 2 weeks ago

Hi Kelley,

It has been a while since I commented here.

In June I was diagnosed with prostate cancer with a metastases

to the spine (T12). I began eating the sandwich in July or late June,

and have kept it up except for a break of a month (August) while I had radiowave therapy.

I returned from Western Australia early September and again took the sandwich and Cod Liver Oil until this week.

The results of my treatment, and supplements and sandwich, reveal that my blood tests show normal liver function, kidney function and normal everything else, except for testosterone (0.49) and elevated LDL cholesterol. HDL is up 20% on previous tests.

I pee pretty good, and my color is good, and I have gained about 1 stone. So I am happy. What fixed it up? I don't know. But I do know I am much improved, and thank you for your insights, and for your sandwich

and for your book.

God Bless,

Brian

sara 2 weeks ago

where can I buy your book?

sara 2 weeks ago

I need urgent help. my 6 year old son is diagnosed with brain stem tumor. he is going to have an emergency surgery as it could stop his breathing or his heart. what shall i do after the surgery? in my area i don't have access to unusual products!



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Pritpal,

I sure would use my recipe in a case like that if it were me. I'd also be drinking 50 drops of organic soy sauce in water to help relieve my pain along with 1,000 mgs of borage oil or evening primrose oil three times a day.

I'd also have a few bottles of Bio EnR-Gy vitamin C shipped to me and would start taking two teaspoons three times a day in water.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a very limited time for only \$3.99!

Pritpal Singh 2 weeks ago

Sir, My father is having fourth stage cancer in his bones as well as most of the internal organs. His liver too has cancer spread all over. he has less appetite. do u recommend the pepper as well.....?? Sir plz reply quick.....



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Harsh,

I'm sorry but I can't interpret a single reading. It's the pattern that is important. The readings must also be interpreted in combination either with symptoms or from response to the oils, or to eating two boiled eggs and drinking black coffee.

Readings by themselves simply indicate an imbalance. To accurately interpret them it must be used in conjunction with the other things I have mentioned.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for \$3.99!

Harsh Vardhan Verma 2 weeks ago

Hi kelly, Mom's urine ph reading showed 5.0 in the evening, which is a sign of high imbalance. But I am highly confused as your book suggests it to be ana bolic and this link (http://www.revicimedical.com/Scientific_overview.h calls it catabolic. Kelly please help me with this situation, what kind of imbalance is this and what oil should I use.

Thanku

Harsh



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Shlok Bhatia,

You've learned something incredibly important from reading me book which is the anabolic and catabolic differences. You now understand how

the same group of foods that helps one cancer patient to get rid of their cancer would make the other person's cancer grow faster.

Nothing is more important than grasping that when a person has cancer.

You can apply that now even without Dr. Revici's medicines.

If I were too anabolic like you say you are, I would start taking emulsified cod liver oil, one tablespoon once or twice a day. Although the emulsified form is preferred, if I couldn't get emulsified cod liver oil, I would use regular cod liver oil.

It is true that you can only be treated with the Revici Method in a few places. But all is not lost. My recipe is designed to apply his principles combined with other known cancer fighters.

My emphasis on chewing the hot stuff is also highly important. IOW, you've got not just one weapon, but three major pieces of artillery:

- 1- the proper oil based on anabolic or catabolic imbalance
- 2- known cancer killers
- 3- chewing to increase the potency

No one else is teaching this. What is beautiful about it is that cancer is no match for even one of the three if one is consistent with it and they haven't bashed their body with the drugs doctors offer.

But even then we can fight back:

- 1- Zymessence to remove scar tissue caused by the doctor's crap
- 2- Cellfood, ConcenTrace or Miracle 2000 to restore nutrients
- 3- Bio EnR-Gy vitamin C or Lypo-Spheric vitamin C to brutalize the cancer cells. ;-)

Meanwhile, if we want to get well, we get off any and all medications/chemo as quickly as it is safe to do so. By the term "safe to do so" I mean as quickly as can be done without causing a major reaction. Drugs cause cancer and interfere with getting rid of it.

There are herbs and foods that do a better job than any drug for any illness.

If I had pain, I'd use one puff of Sinus Buster in each nostril once a day and no more so long as the pain was still present. Once the pain was gone all day, I'd stop using it until the pain returned. Or I'd mix up a batch of my pain recipe. Email me to get my pain spray recipe since the link is down presently.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.



[shlokhatia](#) 2 weeks ago

Dear William,

I have purchased the copy of your ebook "The Doctor that cures cancer" today. I have read the entire book. The relevant information that I found about cancer was Catabolic and Anabolic substances/minerals/hormones.

I have profiled myself to be an Anabolic Profile. I have made the list of the Catabolic foods/Elements that I should consume! Is that it. Is that cancer treatment? I agree I have got lots of insights which I also believe to be true based on my personal experiences.

But I can't prepare my own lipids and grafting elements on them! In 2011 I was diagnosed with Malignant Fibrous Histiocytoma (Soft Tissue Sarcoma) on my left thigh (anterior compartment) X-ray and USG confirmed the disease to be localized. Excision was performed and the entire mass was removed with negative margin of 1 cm. Post excision biopsy declared it to be a grade 3 tumor. Subsequently I went for Radio Therapy for a period of 6 weeks on my infected region. In January 2012 I was diagnosed with metastasis to lungs and sternum manubrium. I went for 6 cycles of Chemotherapy (Ifosfamide + Adriamycin). The tumors shrank but not significantly. Then after I was given oral tablets of

Pazopanib (Votrient) of Glaxo Smith Kline. The tumours have reduced greatly with the only progression in the nearby lymph nodes.

Its a very expensive drug and after taking it for a month and a half I developed a punctured lung (Pneumo Throrax). Presently an Inter Costal Drain (ICD) is inserted in my chest. I don't know when they are taking it out?

I also am terribly depressed with the turn of events. I stumbled upon your site and ordered the ebook. Frankly your book just made me more educated about cancer and that's it!

How do I get the medication? Or I just need to die of cancer and its related complications by more educated?

Please guide me what's next?



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

It sounds like you are doing well. If it were me, I would celebrate the higher numbers from the CA 125 blood test.

One little correction: the symptoms you describe are those of someone who would be anabolic rather than catabolic. If I were too anabolic I would also use emulsified cod liver oil like you are doing.

If it is doable for you, Vaxa brand pH strips with gradients of .5 and 1.0 are very likely able to be ordered from Amazon.com or other websites and shipped to you.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for \$3.99!



[Vijayalakshmi k](#) 2 weeks ago

Thank Kelley!

The problem is I could not get Urine ph strips (with decimal gradients) in my Village. Even in Chennai (formerly known as Madars), my friends says no such strips. I did not feel any uncomforness with elevated CA125.

Since I have no pain, no weight loss, No fluid retentin, mostly no insomnia, no loss of appetite etc., I assume that I am catabolic and I am taking emulsified Cod Liver oil.

Vijayalakshmi



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

Don't forget to consider what else I've said when I wrote what you quoted.

I said it depends on how one feels in combination with the numbers. If one is feeling great with high numbers, that is reason to celebrate. Also when monitoring the urine pH, if I'm getting closer to balance or am at balance, then I don't care how high the numbers are from the doctor's blood tests. Blood tests are the least insightful tests one can have.

As to how long the numbers would remain high, they can remain high until the cancer is gone. How long is that? Once gain it depends on how fast you've been getting rid of it and how much cancer there was at the start.

To me blood tests are for the doctor's curiosity. If you're faithfully monitoring your urine pH, that is a better indicator of how you are doing.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.



[Vijayalakshmi k](#) 2 weeks ago

Sir,

You said that "Some blood tests measure for antigens in the blood. The bloodstream is the main way the dead cells are going to be kicked out. That's going to elevate the results for a while...just like chemo will elevate the numbers for a while". How long with elevated cancer antigen may persist? Because two and half months back it was 92 (CA 125 result). Last month raised to 318. Shall I go for CA125 test now?

Vijayalakshmi



[Kelley Eidem](#) 2 weeks ago from Panama City, FL

Hub Author

Hi Maher,

I would stop the recipe and change to the Zago aloe/honey recipe. Google Zago aloe recipe if you're not familiar with it.

Please let me know how that works.

Also, I'd also be monitoring my urine pH to make sure I was taking the correct oil for my metabolism. The metabolism can shift from one type of imbalance to the opposite imbalance. Unless the urine pH is being monitored 4 times a day, it can be difficult to know for sure.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for \$3.99!



[maher81](#) 2 weeks ago

Hi Kelley, I'm writing to you out of desperation, My mom has a stage 4 breast cancer; it's spreads into her bones. she has been on the sandwich and the promis oil since march. she was getting better but all of the sudden she started to get sick. the pain in her bones r worst than ever. she has no energy. and I really feel that she is coming to the end of her journey. I don't know what to do anymore I feel hopeless



[Kelley Eidem](#) 3 weeks ago from Panama City, FL

Hub Author

Hi Wondering,

Capsules or pills don't mix with the saliva. Nor do they cause heavy breathing. Both are goals of using grated habs or ginger and garlic.

The potent volatile oils of the ingredients go away pretty much within a half-hour, whereas the capsules could be months old.

Yet the capsules can cause stomach upset because they didn't

mix with the saliva. The freshly grated peppers, garlic or ginger are less likely to result in stomach upset, particularly since they are eaten with the butter and bread.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for \$3.99!

Wondering 3 weeks ago

Hi Kelley,

I know that the instructions call for habanero or ginger but is there a reason why we couldn't substitute the habanero with some cayenne/capsacin pills and just take the butter and garlic separately? I'm not sure if it's because it's not as potent as the "real" habaneros.



[Kelley Eidem](#) 3 weeks ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

I'd follow the comments I made last night if it were me, doing the best you can.

The closest I come to advising a diet is contained in my book.

There is no one diet that suits all. Also the questions would be endless if I got into it at all...there would be one hundred times as many questions asking me "Can I eat this, can I eat that, I heard food 'x' was good for you?" followed by the next person asking, "I thought that food was bad for you."

I truly don't know in every single case which foods would be good for a particular person. The book Eat Right 4 Your Type, the Paleo Diet and Metabolic Typing are three starting points. How they would apply for someone living in India where the food is different than what we have in the US would be another question.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!



[Vijayalakshmi k](#) 3 weeks ago

Sir,

It will be very helpful, if you advise the foods to be avoided for a complete cure. I am a strict vegetarian. Not even eggs.



[Vijayalakshmi k](#) 3 weeks ago

Dear Kelly!

With great struggle I got that Lipo-C (only 30 sachet).

I thought this is for clearing my head. I do not know it will cure my cancer. Anyway I will try to get more. I think I already informed you that I am taking COq10 (300 mg; thats the doze I could get) and 500 mg turmeric powder. 200 ml of carrot juice. I thought this is enough.

As you suggested I will continue Ginger+garlic till I get cured.

Regarding sugar I use only one teaspoon of "Palm sugar" for tea.

Thank U



[Kelley Eidem](#) 3 weeks ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

I would avoid any sugar, even palm sugar. Sorry. :-) Raw honey might be okay.

It's great to hear that two packets a day of Lypo-C is helping you to have a clearer head.

If it is possible, I'd take one packet every two hours, but maybe yo don't have enough? Otherwise I'd continue to take it for at least a month. When enough is taken it reaches a saturation point which is different than simply taking enough for some detoxification.

When a saturation point is reached, it kills cancer cells quite efficiently. I'm not sure if one packet twice a day will kill cancer cells.

I might take a break with the ginger and garlic, no more than skipping one day every week.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.



[Vijayalakshmi k](#) 3 weeks ago

My Dear Kelly!

This is Vijayalakshmi, from India. 3 days back I got Lipo-C and Emulsified Cod liver oil from USA. I am taking two sachet a day (Morning and Evening) and one table spoon of emulsified Cod liver oil with Ginger+Garlic .

In just two days I found my mood (Fragile brain) turning better. Thank U kelly.

1. Shall I continue this Lipo-C for a month?
2. I am not using refined sugar. Instead I use palm sugar (Unrefined). Is it OK?
3. I am continuing Ginger+garlic for the past 90 days. shall I continue it till my next PET or a break is necessary?

Thanks

Vijayalakshmi



[Kelley Eidem](#) 3 weeks ago from Panama City, FL

Hub Author

Hi euneakme,

I would consider it to be highly significant if garlic made me regurgitate some foamy stuff and then afterwards I felt much better.

As for cane sugar. Although it might be better than refined sugar, it's still a problem food. Raw sugar cane taken out of the ground might be the only safe sugar other than raw honey.

Stevai and xylitol might also be helpful. They have a positive effect on yeast overgrowth. Yeast overgrowth is almost always associated with cancer even if it hasn't been diagnosed as such.

I would make some kombucha or buy it premade from a health food store (approximately \$4 a bottle premade.) The bilberry flavored one is quite good. Kombucha also has a positive effect on yeast overgrowth.

Kombucha will take away any cravings for sweets before too long.

Meanwhile, I'd get some Bio EnR-Gy vitamin C and would start taking one or two teaspoons in water three times a day. Cancer hates Bio Energy C when taken in an adequate dose because it kills cancer cells.

I'd also get some CellFood or Miracle 2000 to provide me with nutrition if I were losing weight. having proper nutrition is vitally important.

I'd also be taking borage oil or evening primrose oil to help stop the catabolic action of weight loss if it were me and would not take cod liver oil.

As for the pain you describe, it's difficult for me to know from here. From your description it sounds like you might already have the answer.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.



[euneakme](#) 3 weeks ago

Oh I have one last question. Does real cane sugar have the same effect on cancer as unrefined sugar. I get a craving for something chocolate and sweet and so I would indulge in the unreal unjunked candy. Im not sure if Cancer thrives of real cane sugar as it does unrefined sugar.



[euneakme](#) 3 weeks ago

okay so I ate a piece of garlic and regurgitated a foamy like fluid. Am I healing or is the cancer still present. Its been since sept. 10 (my last cat scan with tumors metastasized to my abdomen and pelvis) since I been taking the habanero and garlic regimen. (btw the pain did leave after eating the garlic)



[euneakme](#) 3 weeks ago

Hi kelley Its me again. I have been having horrible back pains so I decided to start back doing my yoga. I figured my back muscles must have gotten very weak from the cancer. I lost a lot of weight and my muscle tone in my butt is gone. I did yoga yesterday and today and after doing bryan kest power yoga both days I got severe pain in my abdomen and back area. After about 30 min. I got a lot of gas and burp a lot. I do still eat the garlic daily maybe 3 or 4 times a day as well as the habanero and garlic in the morning. Can you help me understand what could be happening here. Its not muscle ache and has nothing to do with the muscles. It feels like something inside of me came to live and is trying to fight its way out. Thats the best way I can put it. It hurts tho and makes

me not want to move and I feel like I need some pain medication.



[Kelley Eidem](#) 3 weeks ago from Panama City, FL

Hub Author

Hi Jayne,

Absolutely do not put 35% hydrogen peroxide on your skin. It is way too strong. and will turn skin white and dead looking.

I would see if I could order the type of vitamin C I mentioned or Lypo-Spheric C, as they are much more absorbable, than powdered vitamin C or capsules/tablets.

Powdered, tablets, or capsules will not generate the interior hydrogen peroxide effect.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.

Jayne 3 weeks ago

Hi, thank you so much for answering my question about Morgellon's, even though it's not the subject of this hub. I really wish that anybody knew more about it!

I have been doing a parasite cleanse these last few weeks, and it hasn't made to much difference so far. I think it says to do it for a month, so I will persist with it. It has cayenne pepper, garlic and cloves, amongst other herbs.

I know somebody who tried taking large amounts of vit C several times each day, and it did help temporarily. I'm going to try it and see what happens. I'm not sure I can get the brand you recommend as I'm in the UK, I have 1,000mg tablets, hope these are ok?

I read mixed reports about hydrogen peroxide. One view is that the 3% dilution is too weak, and that only the 35% will make any difference. But I'm too scared to try anything that strong on my skin!

Thanks again for your help, I will report back.



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

Like you, I was too anabolic with no weight loss, fluid retention, or muscle wasting and used emulsified cod liver oil.

The best to you.

Kelley Eidem

I also do paid private telephone/Skype consultations by appointment.

udefh hamin 4 weeks ago

My buddy informed me, that every (huge?) dog has this feeling. If anyone has issues with getting to rest, they should encourage a large dog for several of night time and observe, where the dog usually snoozes. That's what my buddy recommended me for serious insomnia, I wish, it can help others. Visit this site <http://soberlivingdrugrehab.com>



[Vijayalakshmi k](#) 4 weeks ago

Respected Sir,

Below mentioned is your statement:

=====

As I noted before, the article was incorrect. That leaves only one alternative: weight gain is an anabolic process, whereas weight/muscle loss is catabolic. A catabolic person will often have fluid retention even as they lose muscle.

Remember that those who are catabolic don't want to eat because eating usually makes them feel worse. If a person doesn't eat, they will lose protein and muscle.

=====

In my case no weight loss. No fluid retention. I am eating fine.

Which oil should I take sir? emulsified cod liver oil or evening promise oil?.



[rsmb99](#) 4 weeks ago

The correct name of the spiciest chilly found in Assam in India and some other Northeast Indian states is "Bhut Jolokia" which in the local language translates to "Ghost Chilly". It has a Scoville rating of between 855,000–1,463,700 (pure capsaicin is 16,000,000 SHU) and is 2 to 3 times spicier than Habaneros peppers. It has been officially rated by the Guinness Book of World Records as the hottest chilly in the world.



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi Dipak,

I'd use my recipe with avocado as a substitute for the butter. Or I would use the Zago aloe recipe which can be found by search Google "free Zago recipe."

Bhut lokia can be used as a substitute for the habanero if you are living in India.

I would monitor my urine pH to make sure I weren't too catabolic due to being a strict vegetarian.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99 and in paperback from Amazon for \$15.75!



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi Paul,

Very interesting.

All those electronic devices can definitely interfere with sleep. They also make people sick.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99 and in paperback from Amazon for \$15.75!



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi Vijayalakshmi ,

As I noted before, the article was incorrect. That leaves only one alternative: weight gain is an anabolic process, whereas weight/muscle loss is catabolic. A catabolic person will often have fluid retention even as they lose muscle.

Remember that those who are catabolic don't want to eat because eating usually makes them feel worse. If a person doesn't eat, they will lose protein and muscle.

The best to you.

Kelley Eidem

I also do paid private telephone/Skype consultations by appointment.

Dipak 4 weeks ago

Hi Kelly

My sister in law has got breast cancer IV metastatic spreaded in to the bones as well she is vegetarian so which recipe can she use? I just brought you book & its really interesting.....

Thanks

paul schor 4 weeks ago

Hello Kelley,

yes there is dad`s notebook in their bedroom and two meters behind the bedroom, there is a wifi-router.

My friend told me, that every (huge?) dog has this sense. If anyone has problems with sleeping, they should invite a huge dog for couple of nights and notice, where the dog usually sleeps. That`s what my friend recomended me for chronic sleep problems, I hope, it can help others.

I really don`t know, why is her breath so weak. It can be caused by her evil medication. She takes 10 different pills. Or could it be caused her cancer? One year ago, she had pleural+pericardal effussion, but X-ray scans last week showed nothing.

Sincerely

Paul

Vijayalakshmi K 4 weeks ago

Dear Kelly!

Somebody gave correction to the satement.

Catabolic: Weight gain

Anabolic: Weight loss

Whats the correct statement sir? Because I am following your lines like bible.

Vijayalakshmi K



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi Paul,

If I had borage oil, I'd use that.

I'm glad she likes the Zago recipe. Compliance is a real key to recovery, so if my mother were willing to use the Zago recipe, I'd go for it.

To build up my strength I'd get some Cellfood or some Miracle 2000. Some people are put off by the pea green color of Miracle 2000, but it actually tastes good.

That's quite an interesting story regarding your mother being able to sleep where the dog sleeps. Smart dog! I'm wondering if your mother is affected by electromagnetic fields? Are there electric clocks, cellphones, a TV or a DVD player, or florescent lights in the bedroom?

Lavender oil applied to the nose often helps me get to sleep. The combination of hops, valarian

paul schor 4 weeks ago

Hello Kelley,

My mom was at home for this weekend. A big story happened. She couldn`t sleep, like before. My friend told me, that if you cannot sleep, you should simply move, where your dog usually sleeps. We moved her bed 2m and she slept well for 9hrs. Dogs know, where people should sleep!!

Today, she had to go to the madshouse again, she was feeling weak, maybe because of her medication (olanzapine, quetiapine). The olanzapine actually can cause diabetes to a healthy person, so it may be a real hell for cancer patients.

Her only problems are weakness and dyspnea (wheezing). I noted, that her left eye is sometime smaller (sunken), than the other one. After I gave her soy sauce for 3 days, both eyes were approx. the same size. I means that she is inballanced?

She was very inconsistent in your recipe last two weeks. I gave her ginger, while she refused it, I puted the ginger between two slices of apple.

I would like to ask if we should go on with evening primrose oil. I have bought borage oil also, but haven't used it yet.

Is there anything for her dyspnea and for building her energy up? Today, I made first batch of Zago recipe, it tastes great, since I used a Slivovitz, instead of vodka. Could Zago's also help?

Thank you very much

Paul



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi bglong,

The oils in my recipe are how I've applied the principles of Revici Method. The habaneros and garlic were inspired by Dr. Richard Schulze.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99 and in paperback from Amazon for \$15.75!



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi Harsh,

Thank you for bringing that error to my attention. I've notified the publisher, so that hopefully they can make a correction.

The best to you.

Kelley Eidem

I also do paid private telephone consultations by appointment.



[bglong](#) 4 weeks ago

Thank you for your book. Just finished it on my Kindle. Very similar to the Ricky Simpson story on youtube and his book Phoenix Tears. My question after reading the book is how did you use Dr. Revici's principles to discover your recipe?

Sundeep 4 weeks ago

Hi Kelley

I am going through the book on Kindle.

I am thankful and grateful to you for putting book on kindle as it is easy to carry with us.

it was amazing going through first few pages of book, i have completed till chapter 3.

Thanks

God bless you

Harsh Vardhan Verma 4 weeks ago

Hi kelly, I found the below characteristics from this link http://www.worldhealth.net/news/supplements_can_sh

Catabolic: Weight gain

Anabolic: Weight loss, due to illness

Kelly please confirm is this information correct or mistyped.

Thank you

Harsh



[Kelley Eidem](#) 4 weeks ago from Panama City, FL

Hub Author

Hi Vijayalakshmi,

If I had the symptoms or nonsymptoms as you describe. I would be taking emulsified cod liver oil.

Meanwhile, if a person monitors their urine pH four times a day, they can make a determination based on the patterns.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a very limited time for only \$2.99 and in paperback from Amazon for \$15.75!



[Vijayalakshmi k](#) 4 weeks ago

My Dear Kelly!

Sorry to disturb you.

I am still confused which oil I should take. I have not experienced weight loss or weight gain (at 60 KG constantly for the past six months, i.e. from the date of finding out my cancer). No fluid retention. No loss of appetite. (Please note that I am taking cod liver oil now for past 60 days). BP Normal. I doubt whether I am taking right oil! Since I am a total vegetarian, I cannot take boiled eggs with black coffee to test for catabolic / anabolic state.

Even if I take, since I have no pain anywhere, I could not come to a conclusion whether the pain is aggravating or decreasing. Any other test can be taken at laboratory to find out metabolic / anabolic state?

Please guide me.



[Kelley Eidem](#) 5 weeks ago from Panama City, FL

Hub Author

Hi Harsh,

I don't have any particular favorite evening primrose oil, although I will say Udo's has a good reputation.

I typically suggest 1,000 mgs to 2,000 mgs at a time, if that is a help.

The best to you.

Kelley Eidem

The Doctor Who Cures Cancer is available on Kindle for a limited time for only \$3.99!

daz 5 weeks ago

Dear Kelley,

I can't tell you how much I LOVE YOU! I wrote months ago about recurring melanoma in situ and just jumped out there and started eating the hot pepper/ garlic sandwiches. I had HORRIBLE shooting pains down the leg that had the lesion. All gone. The sinusbuster I carry in my purse- haven't used it in weeks. At one point I was using it around the clock. I downloaded your book 'FAT' and have taken the supplements for a month or so and my food cravings are slowly coming under control. You were completely right- systemic candida. Just ordered my first kombucha and now consider you my "MD"- Don't need or want Obamacare. Thanks a trillion! Daz

Harsh Vardhan Verma 5 weeks ago

Hi Kelly, Sorry for posting repeatedly, but I am finding several variants of Evening Primrose oil capsules and with different potency, can you please post a link of the actual product or some reference which I should use to search it. Thank you for your help.

Harsh

Harsh Vardhan Verma 5 weeks ago

Hi Kelly,, Is loss of appetite along with weight loss are catabolic?

thanx

Harsh

[See 6645 more comments](#)



Your Name

[Sign in](#) or [sign up](#) and post using a HubPages account.

Add Your Comment...

No HTML is allowed in comments, but URLs will be hyperlinked.
Comments are not for promoting your Hubs or other sites.

Post Comment

